

## YouGov / The Stroke Association Survey Results

Sample Size: 2116  
Fieldwork: 16th - 18th March 2010

	Total	Gender		Age					Social Grade		Region						
	Base	Male	Female	18-24	25-34	35-44	45-54	55+	ABC1	C2DE	North	Midlands	East	London	South	Wales	Scotland
Unweighted Base	2116	998	1118	206	366	304	296	944	1291	825	485	302	207	233	496	141	252
All GB Adults	2116	1016	1100	254	388	361	372	741	1164	952	521	347	203	271	485	106	184

In the following set of questions when we refer to 'blood boil' we mean what frustrates you, gets you angry, leaves you seething or really winds you up.

Which, if any, of the following in everyday life, makes your blood boil most of all? (Please tick all that apply)

Bad driving	61%	62%	60%	50%	60%	61%	62%	64%	61%	61%	64%	59%	63%	52%	63%	61%	58%
Family	8%	7%	10%	9%	14%	10%	7%	5%	8%	9%	8%	10%	7%	6%	9%	12%	8%
Watching football	10%	11%	10%	8%	10%	7%	11%	12%	10%	11%	11%	9%	12%	9%	11%	10%	10%
Bad manners/ rudeness	79%	75%	83%	76%	79%	77%	81%	81%	78%	80%	82%	75%	75%	80%	81%	81%	78%
Public transport	18%	20%	16%	24%	26%	14%	18%	14%	18%	18%	18%	17%	18%	26%	17%	9%	17%
Reality shows	32%	38%	27%	27%	20%	25%	34%	44%	32%	33%	35%	36%	31%	21%	33%	31%	34%
Other	9%	9%	9%	7%	12%	9%	6%	10%	10%	8%	6%	8%	12%	14%	9%	13%	8%
Don't know	1%	1%	1%	2%	1%	1%	1%	1%	1%	1%	-	-	2%	3%	1%	1%	0%
Not applicable - nothing in everyday life makes my blood boil	8%	9%	6%	9%	3%	11%	6%	9%	8%	7%	7%	9%	8%	7%	7%	7%	10%

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Sample Size: 2116  
Fieldwork: 16th - 18th March 2010

Total	Working Status						Marital Status					Children in household			
Base	Working full time	Working part time	Full time student	Retired	Un-employed	Not working/ Other	Married/ Civil Partnership	Living as married	Separated/Divorced	Widowed	Never Married	0	1	2	3+
Unweighted Base 2116	1045	296	106	441	46	182	1079	269	187	59	483	1576	266	193	61
All GB Adults 2116	1091	284	129	346	54	211	1021	294	174	53	539	1489	321	212	72

In the following set of questions when we refer to 'blood boil' we mean what frustrates you, gets you angry, leaves you seething or really winds you up.

Which, if any, of the following in everyday life, makes your blood boil most of all? (Please tick all that apply)

Bad driving	61%	61%	63%	45%	63%	61%	62%	63%	62%	63%	67%	54%	61%	64%	61%	53%
Family	8%	8%	9%	9%	3%	13%	14%	8%	10%	8%	4%	9%	8%	11%	10%	9%
Watching football	10%	10%	11%	8%	12%	8%	10%	10%	12%	10%	15%	10%	11%	6%	9%	6%
Bad manners/ rudeness	79%	79%	82%	69%	80%	81%	82%	80%	79%	80%	85%	77%	80%	80%	81%	60%
Public transport	18%	19%	15%	24%	14%	27%	19%	15%	20%	15%	7%	24%	19%	15%	16%	21%
Reality shows	32%	29%	31%	32%	43%	36%	31%	36%	32%	31%	38%	26%	35%	28%	22%	32%
Other	9%	9%	9%	10%	10%	5%	8%	9%	9%	11%	3%	10%	10%	8%	7%	9%
Don't know	1%	1%	1%	1%	1%	-	1%	1%	1%	1%	-	1%	1%	1%	2%	-
Not applicable - nothing in everyday life makes my blood boil	8%	8%	5%	9%	11%	6%	5%	9%	4%	5%	10%	7%	8%	7%	5%	13%

	Total	Gender		Age					Social Grade		Region						
	Base	Male	Female	18-24	25-34	35-44	45-54	55+	ABC1	C2DE	North	Midlands	East	London	South	Wales	Scotland
Unweighted Base	2116	998	1118	206	366	304	296	944	1291	825	485	302	207	233	496	141	252
All GB Adults	2116	1016	1100	254	388	361	372	741	1164	952	521	347	203	271	485	106	184

Which, if any, of the following habit(s) in other people makes your blood boil most of all? (Please tick all that apply)

Biting nails	6%	5%	7%	5%	6%	3%	6%	8%	5%	7%	5%	6%	9%	6%	6%	3%	6%
Speaking too loudly on mobile phones	40%	42%	39%	30%	33%	30%	40%	53%	43%	37%	37%	37%	40%	47%	42%	39%	42%
Lack of manners	78%	75%	81%	77%	78%	77%	79%	79%	77%	81%	82%	77%	72%	79%	80%	77%	76%
Snoring	12%	9%	14%	14%	14%	10%	11%	11%	10%	13%	15%	11%	13%	10%	9%	10%	10%
Queue jumping	66%	68%	64%	59%	62%	67%	69%	68%	65%	66%	68%	68%	63%	64%	67%	63%	59%
Other	7%	6%	8%	8%	13%	6%	4%	5%	7%	6%	5%	6%	8%	8%	8%	7%	10%
Don't know	1%	1%	1%	1%	1%	1%	0%	1%	0%	1%	0%	0%	0%	0%	1%	2%	1%
Not applicable - no habit(s) in other people make my blood boil	6%	7%	5%	7%	3%	7%	6%	7%	6%	6%	5%	6%	7%	7%	5%	6%	9%

Do you feel your blood pressure rising when you get stressed or angry?

Yes, I do	41%	42%	41%	34%	43%	46%	44%	39%	43%	39%	44%	40%	39%	39%	42%	35%	42%
No, I do not	48%	48%	48%	54%	44%	46%	47%	49%	47%	49%	45%	49%	47%	51%	48%	52%	47%
Don't know	11%	10%	12%	12%	13%	8%	10%	12%	10%	12%	11%	11%	13%	10%	10%	13%	11%

Do you remember the last time you had your blood pressure checked?

Yes, I do	78%	72%	83%	59%	65%	73%	82%	92%	81%	74%	74%	79%	78%	78%	79%	83%	82%
No, I do not	22%	28%	17%	41%	35%	27%	18%	8%	19%	26%	26%	21%	22%	22%	21%	17%	18%

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All GB Adults	2116	1091	284	129	346	54	211	1021	294	174	53	539	1489	321	212	72

Which, if any, of the following habit(s) in other people makes your blood boil most of all? (Please tick all that apply)

Biting nails	6%	5%	5%	5%	9%	12%	5%	6%	5%	9%	9%	5%	6%	8%	2%	7%
Speaking too loudly on mobile phones	40%	38%	36%	29%	57%	30%	40%	42%	37%	41%	59%	37%	46%	31%	24%	27%
Lack of manners	78%	78%	77%	75%	79%	83%	81%	77%	82%	79%	83%	78%	79%	79%	80%	73%
Snoring	12%	11%	13%	11%	9%	22%	12%	12%	11%	10%	11%	13%	11%	12%	11%	12%
Queue jumping	66%	67%	63%	65%	69%	58%	63%	67%	64%	67%	76%	63%	67%	67%	66%	47%
Other	7%	7%	9%	6%	5%	8%	7%	5%	7%	7%	3%	11%	8%	4%	8%	5%
Don't know	1%	0%	1%	2%	0%	-	2%	1%	1%	-	-	1%	1%	1%	1%	1%
Not applicable - no habit(s) in other people make my blood boil	6%	6%	6%	9%	8%	4%	5%	7%	3%	5%	3%	6%	6%	6%	4%	16%

Do you feel your blood pressure rising when you get stressed or angry?

Yes, I do	41%	42%	42%	29%	39%	34%	48%	41%	42%	45%	33%	39%	40%	41%	46%	46%
No, I do not	48%	48%	48%	60%	47%	45%	41%	48%	45%	47%	45%	49%	49%	49%	43%	43%
Don't know	11%	10%	10%	11%	14%	20%	11%	10%	13%	8%	22%	11%	11%	11%	11%	12%

Do you remember the last time you had your blood pressure checked?

Yes, I do	78%	74%	80%	61%	94%	73%	79%	80%	80%	86%	91%	67%	83%	73%	63%	53%
No, I do not	22%	26%	20%	39%	6%	27%	21%	20%	20%	14%	9%	33%	17%	27%	37%	47%

	Total	Gender		Age					Social Grade		Region						
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All GB Adults	2116	1016	1100	254	388	361	372	741	1164	952	521	347	203	271	485	106	184

**On average, how often do you have your blood pressure checked?**

Once a week or more often	2%	3%	1%	0%	0%	0%	2%	4%	3%	1%	1%	2%	2%	2%	2%	3%	3%
Once a month	5%	6%	5%	0%	4%	3%	7%	8%	6%	4%	4%	6%	6%	6%	6%	5%	4%
Once every three months	12%	12%	12%	7%	9%	9%	11%	16%	11%	12%	12%	13%	10%	13%	10%	13%	11%
Once every 6 months	26%	21%	30%	19%	23%	20%	25%	32%	26%	25%	26%	26%	22%	28%	27%	21%	23%
Once a year	19%	16%	23%	16%	18%	22%	20%	19%	22%	17%	19%	19%	19%	18%	19%	21%	24%
Once every 2 years	6%	6%	5%	6%	6%	5%	7%	5%	6%	5%	6%	4%	12%	5%	4%	10%	6%
Less often than once every 2 years	17%	19%	15%	22%	20%	23%	16%	10%	15%	19%	18%	16%	15%	16%	17%	14%	21%
Never	9%	14%	5%	20%	14%	12%	7%	2%	6%	12%	10%	9%	10%	8%	10%	7%	5%
Don't know	5%	4%	5%	9%	6%	5%	4%	2%	4%	6%	5%	5%	4%	5%	5%	6%	2%

**How often do you think you should have your blood pressure tested?**

Once a week or more often	2%	3%	1%	1%	0%	1%	1%	5%	3%	1%	2%	2%	3%	3%	1%	2%	3%
Once a month	8%	9%	8%	6%	5%	7%	9%	11%	8%	8%	7%	8%	6%	8%	9%	14%	6%
Once every three months	14%	14%	15%	14%	11%	10%	16%	18%	13%	16%	15%	17%	10%	14%	14%	11%	14%
Once every 6 months	26%	24%	28%	25%	25%	23%	26%	29%	29%	23%	28%	22%	26%	26%	28%	29%	29%
Once a year	24%	24%	23%	25%	23%	27%	26%	21%	23%	24%	22%	24%	27%	21%	27%	19%	22%
Once every 2 years	3%	4%	3%	4%	6%	3%	3%	3%	4%	3%	4%	3%	6%	2%	4%	3%	3%
Less often than once every 2 years	3%	3%	2%	6%	4%	3%	2%	1%	3%	3%	3%	2%	3%	3%	2%	2%	1%
Never	1%	1%	0%	2%	1%	0%	0%	0%	0%	1%	1%	-	-	1%	1%	2%	-
Don't know	19%	18%	19%	17%	25%	26%	17%	14%	17%	21%	17%	22%	20%	21%	16%	20%	22%

	Total	Working Status						Marital Status					Children in household			
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Unweighted Base	2116	1045	296	106	441	46	182	1079	269	187	59	483	1576	266	193	61
All GB Adults	2116	1091	284	129	346	54	211	1021	294	174	53	539	1489	321	212	72

**On average, how often do you have your blood pressure checked?**

Once a week or more often	2%	2%	2%	-	6%	-	1%	2%	1%	4%	9%	1%	2%	2%	1%	-
Once a month	5%	4%	4%	0%	10%	1%	9%	7%	5%	6%	9%	2%	6%	4%	4%	7%
Once every three months	12%	10%	13%	6%	15%	16%	17%	13%	11%	10%	16%	9%	12%	13%	11%	14%
Once every 6 months	26%	23%	26%	21%	35%	24%	26%	27%	23%	28%	29%	22%	28%	22%	19%	19%
Once a year	19%	20%	20%	17%	22%	17%	15%	19%	21%	20%	18%	19%	19%	19%	18%	17%
Once every 2 years	6%	7%	6%	2%	3%	7%	4%	6%	6%	8%	2%	4%	6%	6%	5%	5%
Less often than once every 2 years	17%	19%	18%	25%	8%	15%	14%	16%	17%	17%	13%	20%	15%	23%	18%	16%
Never	9%	11%	6%	17%	1%	17%	8%	6%	10%	2%	2%	18%	7%	9%	17%	16%
Don't know	5%	5%	3%	11%	1%	3%	7%	4%	6%	4%	2%	6%	4%	3%	8%	6%

**How often do you think you should have your blood pressure tested?**

Once a week or more often	2%	1%	3%	1%	6%	-	1%	2%	0%	4%	7%	1%	3%	1%	0%	1%
Once a month	8%	8%	7%	6%	9%	3%	13%	9%	7%	10%	6%	6%	8%	10%	6%	10%
Once every three months	14%	12%	15%	16%	20%	19%	16%	14%	19%	13%	14%	14%	15%	12%	13%	15%
Once every 6 months	26%	27%	23%	24%	30%	22%	22%	27%	24%	25%	30%	25%	27%	23%	25%	22%
Once a year	24%	24%	23%	23%	22%	21%	24%	25%	23%	24%	21%	23%	23%	23%	27%	25%
Once every 2 years	3%	4%	4%	3%	2%	4%	2%	3%	4%	3%	3%	4%	4%	2%	3%	9%
Less often than once every 2 years	3%	3%	3%	8%	1%	4%	0%	2%	1%	3%	-	4%	2%	5%	3%	-
Never	1%	1%	1%	1%	-	2%	-	0%	1%	1%	-	1%	0%	1%	1%	2%
Don't know	19%	20%	21%	17%	12%	25%	21%	18%	20%	17%	19%	22%	17%	23%	23%	17%