

YouGov Survey Results

Sample Size: 1690 GB Adults
Fieldwork: 22nd - 23rd March 2017

	EU Ref 2016		Vote in 2015				Gender		Age				Social Grade		Region						
	Total	Remain	Leave	Con	Lab	Lib Dem	UKIP	Male	Female	18-24	25-49	50-64	65+	ABC1	C2DE	London	Rest of South	Midlands / Wales	North	Scotland	
Weighted Sample	1690	664	722	477	395	101	161	818	872	196	722	417	355	963	727	203	561	363	407	155	
Unweighted Sample	1690	791	677	481	406	111	159	775	915	191	697	429	373	1002	688	160	586	378	417	149	
	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%

Daylight saving time is the practice of advancing clocks during summer months by one hour so that evening daylight lasts an hour longer. Do you think the UK should continue to implement daylight saving time each year or should it stop?

I think the UK should continue to implement daylight saving time	50	55	45	52	49	55	34	49	50	65	52	43	45	52	47	50	50	47	48	58
I think the UK should stop implementing daylight saving time	38	33	46	40	37	36	58	41	35	20	31	47	49	37	38	32	38	42	40	30
Don't know	13	12	10	8	14	10	8	10	15	15	17	10	6	11	15	18	12	11	13	12

When daylight saving time comes into effect at the end of March clocks go forward one hour, and when it comes into effect at the end of October clocks go back one hour. Which of the consequences of the year's two daylight saving time changes do you prefer?

I prefer when I get an extra hour in bed because clocks go back an hour, even though it means it gets darker earlier in the evenings	19	19	18	15	22	21	15	17	21	27	24	15	10	20	18	20	18	18	20	24
I prefer when it stays lighter for longer in the evenings because clocks go forward an hour, even though it means I lose an hour in bed	53	56	54	60	51	49	52	51	55	50	52	54	55	55	50	47	57	54	50	53
Neither	22	20	25	24	21	24	31	25	19	10	17	27	34	20	25	20	21	23	25	21
Don't know	6	5	3	1	6	6	3	6	5	12	7	3	1	5	6	12	4	6	5	3