

Sample 1000 Adult Interviews  
Conducted June 3 - 5, 2015  
Margin of Error ±4.1%

1. How many long-term relationships have you had so far in your life?

None	10%
1	32%
2	29%
3	15%
4	6%
5	4%
6	2%
7	0%
8	0%
9	0%
10 or more	3%

2. How many romantic partners have you said 'I love you' to?

None	9%
1	26%
2	26%
3	15%
4	8%
5	7%
6	3%
7	1%
8	1%
9	1%
10 or more	4%

3. Have you ever had a long-term relationship end?

Yes .....	64%
No .....	23%
Not sure .....	3%
Never had a long-term relationship .....	10%

4. Have you ever been the one who ended a romantic relationship?

*Asked of those who have been in a long-term relationship that has ended*

Yes .....	70%
No .....	24%
Not sure .....	6%

5. Have you ever had a partner end a romantic relationship with you?

*Asked of those who have been in a long-term relationship that has ended*

Yes .....	75%
No .....	21%
Not sure .....	3%

6. The Respondent's role in the end of relationships.

*Calculated from previous answers*

Has only been the one to end a romantic relationship .....	13%
Has only had romantic partners end a relationship .....	17%
Has both been the one to end a relationship and had a romantic partner end a relationship .....	31%
Not sure about who ended the relationship .....	3%
Never had a long-term romantic relationship end .....	26%
Never been in a long-term romantic relationship .....	10%

7. Have you ever had a romantic relationship that ended because both partners decided it was over?

*Asked of those who have been in a long-term relationship that has ended*

Yes ..... 44%  
 No ..... 46%  
 Not sure ..... 10%

8. Are you still in touch with any of your former partners from long-term relationships?

*Asked of those who have been in a long-term relationship that has ended*

Yes ..... 43%  
 No ..... 54%  
 Not sure ..... 2%

9. Do you generally think it's a better idea to cut former partners out of your life and go 'no contact' or is it better to try and remain on good terms with former partners?

*Asked of those who have been in a long-term relationship that has ended*

Better to go 'no contact' ..... 37%  
 Better to try and remain on good terms ..... 40%  
 Not sure ..... 23%

10. Have you ever done anything vindictive or vengeful to a former partner after you broke up?

*Asked of those who have been in a long-term relationship that has ended*

Yes ..... 10%  
 No ..... 86%  
 Not sure ..... 4%

11. Has a former partner ever done anything vindictive or vengeful to you after you broke up?

*Asked of those who have been in a long-term relationship that has ended*

Yes ..... 33%  
 No ..... 59%  
 Not sure ..... 8%

12. Do you truly regret any of your past relationships?

*Asked of those who have been in a long-term relationship that has ended*

Yes .....	46%
No .....	46%
Not sure .....	8%