

YouGov/ Welsh NHS Confederation S

Sample Size: 1034 Welsh adults (aged 18+)
Fieldwork: 13th - 23rd January 2017

	Health & wellbeing status			Preferred medical involvement		
	Total	Should be doing more	Currently doing everything I can	Total involved	Total not involved	Don't know
Weighted Sample	1034	568	415	850	84	100
Unweighted Sample	1034	570	424	875	77	82
	%	%	%	%	%	%

Jan 5-8 2016 | Jan 13-23 2017

The next few questions are about healthcare in Wales. This includes services such as hospitals, GP surgeries, dentists, physiotherapy, nurse assistance and occupational healthcare.

Which, if any, of the following do you think is in charge of running the NHS in Wales?

	Jan 5-8 2016	Jan 13-23 2017	54	57	59	44	31
Welsh Government	62	55	19	22	19	20	23
UK Government in Westminster	18	20	12	9	10	24	6
The NHS is an independent body which runs itself	8	10	1	0	1	0	3
A private company	1	1	0	0	0	0	0
Doctors	0	0	0	0	0	1	0
Other	1	0	0	0	0	1	0
Don't know	10	14	13	11	11	11	36

Approximately, how often, if at all, do you personally use local healthcare services (e.g. GP surgeries, nurse assistance, physiotherapy etc.)?

	Jan 5-8 2016	Jan 13-23 2017	0	0	0	0	0
Every day	0	0	0	1	1	0	0
Two or three times a week	0	0	1	1	1	0	0
Once a week	2	1	2	3	2	0	0
Once every two weeks	4	2	13	13	13	10	7
Once every month	15	12	10	10	11	9	6
Once every 2 months	12	10	14	8	12	10	6
Once every 4 months	14	11	22	28	24	28	17
Once every 6 months	21	24	23	22	22	22	22
Less than once a year	19	22	4	4	3	4	19
Don't know	3	5	11	11	10	18	23
Not applicable – I don't rely on using local NHS services on a regular basis	11	12					

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	EU Ref 2016		Westminster vote 2015					Constituency vote 2016					Gender		Age				Social grade		Region					
Total	Remain	Leave	Con	Lab	Lib Dem	UKIP	Plaid	Con	Lab	Lib Dem	UKIP	Plaid	Male	Female	18-24	25-39	40-59	60+	ABC1	C2DE	Mid and West	North	Cardiff and South Central	South East	South West	
Weighted Sample	1034	403	445	209	282	50	104	93	135	207	44	101	156	499	535	124	239	323	348	517	517	197	214	231	214	178
Unweighted Sample	1034	477	444	219	300	61	118	82	145	236	50	104	157	447	587	104	218	331	381	561	473	221	234	186	202	191
	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%

Jan 5-8 2016
Jan 13-23 2017

We would next like to ask you about your most recent experience of local healthcare services. This can mean either your own personal experience, if care was given to you or a relative in your home, or if you visited a friend or family member at hospital. Thinking about your most recent experience with local healthcare services in Wales how would you rate your experience overall?

Very positive	37	31	35	30	28	38	34	24	32	29	44	39	30	39	29	32	23	23	29	40	31	30	33	25	37	27	30
Fairly positive	29	31	34	31	33	31	27	28	37	34	30	29	28	27	31	31	27	34	34	28	32	30	28	37	31	35	25
TOTAL POSITIVE	66	62	69	61	61	69	61	52	69	63	74	68	58	66	60	63	50	57	63	68	63	60	61	62	68	62	55
Average	13	16	15	14	16	12	20	22	18	16	11	20	16	19	16	16	16	21	13	14	16	16	15	15	13	17	19
Fairly negative	5	6	5	8	5	6	4	9	4	6	4	0	9	5	6	7	7	5	7	6	7	6	7	8	5	6	
Very negative	5	5	2	7	2	3	1	9	6	2	2	0	7	4	5	5	4	4	6	5	4	6	7	3	4	5	
TOTAL NEGATIVE	10	11	7	15	7	9	5	18	10	8	6	0	16	9	11	12	11	9	13	11	11	12	14	11	9	10	12
Not applicable - I have not had a recent experience of the NHS in Wales	8	9	8	10	16	7	11	8	4	13	7	10	9	6	11	7	19	6	10	7	8	10	10	10	7	11	7
Don't know	3	2	1	0	0	2	3	0	0	0	1	3	1	1	2	2	3	6	1	1	2	3	1	2	2	2	6

From which, if any, of the following sources do you use to find out about your local NHS services?

Please tick all that apply.

GP/nurse/health visitor	27	29	33	30	25	30	33	34	31	30	32	37	28	34	23	34	23	26	29	32	27	30	32	27	29	30	25
Websites	N/A	29	36	25	29	36	26	22	29	26	32	23	21	31	31	27	37	35	28	23	34	24	26	35	24	28	33
Friends or family	25	18	21	17	18	20	16	16	14	16	20	20	19	19	16	20	21	18	18	17	18	18	17	19	19	14	20
Friends or family who work in the NHS	15	12	17	11	12	18	14	13	8	7	17	12	13	16	11	14	13	10	14	12	13	11	9	11	14	14	14
UK news channels	13	12	14	13	18	13	14	15	7	19	14	13	14	11	14	10	16	7	12	14	13	11	14	12	9	13	13
Local newspapers	23	11	10	13	13	12	18	10	9	14	8	27	10	15	13	9	16	7	10	14	13	9	14	14	9	8	11
Welsh news channels	18	11	13	13	16	11	20	13	10	16	13	20	10	17	12	11	10	3	9	20	13	10	14	8	11	12	13
Social media sites such as Facebook and Twitter	9	9	11	7	7	12	8	5	7	6	9	8	9	11	6	11	15	10	11	3	10	8	9	9	8	9	8
UK national newspapers	11	7	7	9	12	8	8	8	1	10	7	6	8	5	9	6	14	4	6	8	8	7	6	8	7	9	6
Welsh national newspapers	10	5	6	5	4	6	6	4	7	3	4	7	6	11	7	4	9	3	5	6	6	5	10	2	3	4	8
Welsh national radio	5	4	4	4	3	3	7	4	8	2	4	7	2	10	4	3	3	2	3	5	4	3	4	4	4	2	5
UK national radio	4	4	4	5	4	4	7	5	8	3	4	8	4	8	6	2	5	5	3	5	5	4	6	2	5	4	3
I work in the NHS	3	3	5	2	3	4	1	2	6	1	3	4	2	6	2	4	3	3	5	1	4	2	3	3	2	6	3
Local council	2	3	4	4	2	5	4	3	5	4	4	5	2	5	4	3	4	2	3	4	3	3	4	4	3	3	3
Local Health Board and NHS Trust public meetings and events	4	2	2	2	0	3	1	2	4	0	4	0	2	4	2	2	1	2	3	2	2	2	3	1	1	1	4
Local commercial radio	2	2	2	1	2	2	1	3	1	3	1	4	3	2	3	1	3	1	2	2	2	2	2	2	1	2	3
Third sector/charities	4	1	2	1	1	2	1	0	3	2	3	5	0	2	1	2	1	2	2	1	2	1	3	1	1	0	2
Other	4	2	3	2	1	4	1	3	2	2	3	2	4	3	2	3	0	2	3	3	2	3	3	3	3	1	2
None of these	16	20	14	22	20	17	16	17	18	19	17	7	23	11	19	21	13	27	18	19	17	22	21	16	22	20	21
Don't know	13	9	9	7	6	5	18	7	12	7	6	19	5	9	10	8	12	10	10	6	8	10	6	9	7	8	13

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	%	%	%	%	%	%

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Very positive	37	31	32	32	32	27	18
Fairly positive	29	31	32	31	33	28	19
TOTAL POSITIVE	66	62	64	63	65	55	37
Average	13	16	16	15	15	20	18
Fairly negative	5	6	6	7	7	4	5
Very negative	5	5	4	6	5	6	3
TOTAL NEGATIVE	10	11	10	13	12	10	8
Not applicable - I have not had a recent experience of the NHS in Wales	8	9	9	9	8	12	17
Don't know	3	2	1	1	1	2	19

From which, if any, of the following sources do you use to find out about your local NHS services?

Please tick all that apply.

GP/nurse/health visitor	27	29	30	27	31	16	15
Websites	N/A	29	33	26	32	16	16
Friends or family	25	18	21	15	19	12	13
Friends or family who work in the NHS	15	12	12	13	14	4	5
UK news channels	13	12	12	12	13	13	4
Local newspapers	23	11	11	12	12	13	4
Welsh news channels	18	11	10	14	13	4	3
Social media sites such as Facebook and Twitter	9	9	11	6	9	10	3
UK national newspapers	11	7	7	8	8	10	1
Welsh national newspapers	10	5	5	5	6	2	2
Welsh national radio	5	4	3	4	4	1	3
UK national radio	4	4	6	3	5	6	0
I work in the NHS	3	3	3	4	4	0	2
Local council	2	3	3	5	4	3	2
Local Health Board and NHS Trust public meetings and events	4	2	2	2	2	3	0
Local commercial radio	2	2	3	1	2	0	1
Third sector/charities	4	1	2	1	2	0	1
Other	4	2	2	3	2	3	4
None of these	16	20	19	19	18	31	29
Don't know	13	9	7	8	7	3	26

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	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%

Jan
5-8
2016

Jan
13-23
2017

Which, if any, of the following do you think are the biggest challenges facing healthcare in Wales? (Please select up to three)

Lack of funding	39	48	57	45	42	56	50	49	52	40	57	46	50	53	46	51	48	46	51	47	50	47	48	52	50	47	44
Caring for an ageing population	37	38	44	40	49	41	48	34	48	53	44	44	37	43	37	39	26	27	41	47	41	34	38	35	36	45	34
An unhealthy population – high levels of obesity, smoking, binge drinking	30	32	39	29	39	32	35	32	32	39	28	27	30	32	32	32	34	32	32	30	33	30	27	27	35	41	26
Waiting times	29	29	26	30	32	23	19	37	17	29	25	25	37	27	25	32	30	30	26	29	26	31	26	30	29	27	31
Difficulties attracting doctors and nurses to work in Wales	27	24	21	30	30	26	20	25	32	33	22	30	32	35	21	26	18	10	23	36	22	25	41	21	23	18	16
Ambulance response times	18	15	14	15	14	15	9	15	12	9	18	9	18	13	14	16	23	16	16	10	14	15	15	10	13	17	18
Cost of new, expensive drugs	19	13	14	16	16	17	11	17	7	17	14	14	18	10	12	14	6	10	13	18	12	13	11	9	15	13	16
Levels of poverty and deprivation in Wales	15	12	16	11	8	14	17	6	26	10	17	18	5	17	13	12	11	11	15	12	11	13	14	7	17	13	11
Providing more care in local communities	9	11	11	14	11	10	16	20	17	12	13	17	14	14	11	12	7	6	12	16	11	11	12	12	7	12	14
Improving the quality of care	13	9	7	11	9	9	5	9	9	7	9	8	10	8	8	10	3	11	8	11	9	9	8	11	6	7	13
Keeping pace with advances in medicine and technology	6	4	5	4	5	4	4	7	4	5	3	5	6	4	3	4	2	3	4	5	5	2	4	5	3	3	4
Lack of public support to centralise hospital services	4	3	2	4	3	2	6	4	3	2	2	5	5	4	4	2	4	4	3	3	4	2	3	3	4	4	3
None of these	1	2	1	2	1	0	2	4	3	2	1	2	2	2	3	1	0	5	2	1	2	3	3	3	1	1	4
Don't know	9	8	5	4	4	7	9	2	5	3	6	10	2	4	10	7	21	14	4	4	8	8	3	12	7	7	11

Which two or three, if any, of the following do you think NHS organisations should prioritise in their budget? (Please tick up to three options)

Emergency medical services (e.g. ambulances, A&E)	43	42	42	43	42	43	44	42	44	41	46	32	37	39	39	44	52	42	41	39	42	41	43	45	42	41	37
Access to local GP services	N/A	40	37	48	44	41	37	51	49	50	43	39	49	44	41	38	16	29	42	53	39	41	45	45	34	36	39
Shorter waiting times	35	31	26	38	33	28	30	45	28	33	29	26	44	29	31	32	21	22	39	35	30	33	33	33	26	30	36
Preventative services (health checks, screening, public health)	N/A	30	34	27	31	34	38	26	35	36	31	32	29	35	28	31	36	26	28	32	34	26	29	30	38	31	20
Mental health services (e.g. dementia, eating disorders, depression etc.)	N/A	30	39	25	29	34	34	21	29	26	35	31	19	36	25	35	40	30	30	26	32	28	23	28	31	32	36
Specific services (e.g. heart disease, diabetes and cancer etc.)	N/A	15	13	19	20	15	7	20	15	16	15	12	25	17	14	15	11	9	17	18	15	15	14	8	18	13	21
Projects, campaigns and services designed to encourage people to live healthier lifestyles	6	10	12	8	8	11	17	8	13	11	10	19	7	10	11	9	7	13	9	10	12	8	12	7	10	12	10
Complex medical and surgical interventions (e.g. neurosurgery, cardiac surgery, treatment for severe burns)	N/A	9	10	8	12	9	6	6	6	9	7	3	8	8	9	9	17	8	9	7	11	7	9	10	10	8	10
Research into new medicine and treatments	9	8	8	10	10	8	7	6	6	11	7	10	7	9	8	8	10	9	6	9	6	10	11	6	9	5	11
Something else	1	3	3	4	4	2	4	6	2	5	2	7	6	3	3	3	1	2	4	4	3	3	5	3	2	3	3
Not applicable, I do not think the NHS in Wales should prioritise any area	5	5	5	5	4	5	7	5	8	4	6	1	8	5	5	5	2	6	4	6	4	6	6	6	4	7	3
Don't know	13	12	11	8	9	10	10	5	12	7	9	18	5	8	14	10	15	22	9	7	11	13	9	12	11	13	16

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	%	%	%	%	%	%

Jan
5-8
2016

Jan
13-23
2017

Which, if any, of the following do you think are the biggest challenges facing healthcare in Wales? (Please select up to three)

	Jan 5-8 2016	Jan 13-23 2017					
Lack of funding	39	48	50	50	52	27	34
Caring for an ageing population	37	38	39	39	42	27	13
An unhealthy population – high levels of obesity, smoking, binge drinking	30	32	33	31	32	33	25
Waiting times	29	29	27	33	29	33	21
Difficulties attracting doctors and nurses to work in Wales	27	24	20	29	25	23	9
Ambulance response times	18	15	14	17	15	15	8
Cost of new, expensive drugs	19	13	13	13	13	18	6
Levels of poverty and deprivation in Wales	15	12	11	14	12	16	12
Providing more care in local communities	9	11	12	11	13	6	3
Improving the quality of care	13	9	9	10	9	12	5
Keeping pace with advances in medicine and technology	6	4	3	4	4	4	1
Lack of public support to centralise hospital services	4	3	3	3	4	4	0
None of these	1	2	2	2	2	0	9
Don't know	9	8	9	4	4	17	36

Which two or three, if any, of the following do you think NHS organisations should prioritise in their budget? (Please tick up to three options)

Emergency medical services (e.g. ambulances, A&E)	43	42	45	41	44	39	21
Access to local GP services	N/A	40	39	43	42	38	20
Shorter waiting times	35	31	31	35	33	36	16
Preventative services (health checks, screening, public health)	N/A	30	31	30	32	27	16
Mental health services (e.g. dementia, eating disorders, depression etc.)	N/A	30	31	30	31	32	21
Specific services (e.g. heart disease, diabetes and cancer etc.)	N/A	15	15	15	16	9	6
Projects, campaigns and services designed to encourage people to live healthier lifestyles	6	10	11	9	11	7	2
Complex medical and surgical interventions (e.g. neurosurgery, cardiac surgery, treatment for severe burns)	N/A	9	10	10	10	12	2
Research into new medicine and treatments	9	8	10	7	9	5	4
Something else	1	3	3	2	3	2	2
Not applicable, I do not think the NHS in Wales should prioritise any area	5	5	3	7	5	5	9
Don't know	13	12	12	8	8	12	46

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	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%

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Thinking about being in/being treated in hospital, which THREE, if any, of the following areas would be the most important to you? (Please tick up to three options)

Quality of care	48	53	54	56	54	56	55	55	57	57	49	65	52	59	52	54	60	48	48	59	57	49	57	54	52	52	51
How long you have to wait for hospital treatment	N/A	44	41	48	49	39	50	50	46	50	41	45	49	43	43	44	33	36	52	45	46	41	39	44	40	48	48
Care, dignity and respect given to you or your family member	27	31	33	32	32	29	24	30	27	33	28	25	34	26	36	30	29	31	32	29	33	29	31	36	31	27	
Access to appropriate medical staff	23	25	28	27	30	29	30	32	20	34	28	21	32	27	25	26	24	17	28	29	28	23	26	25	26	27	23
Clinical/medical staff e.g. doctors, nurses, physiotherapists being honest, open, empathetic and compassionate	N/A	24	26	24	27	21	27	25	28	23	21	28	31	27	20	27	22	24	20	27	23	24	24	24	23	23	
Access to the latest medicines and treatments	N/A	22	28	22	25	26	18	21	23	23	25	28	25	24	24	21	16	20	24	25	25	20	25	21	20	20	27
Travelling distance to the nearest Hospital	N/A	18	16	18	14	19	21	22	24	16	16	19	23	15	20	9	17	14	24	15	20	30	10	19	16	12	
Specialisation of services (i.e. services/facilities provided by staff with expertise in a medical area)	16	14	17	12	14	15	19	9	14	15	16	22	10	11	15	14	15	14	15	15	13	11	18	17	12	13	
Shorter lengths of stay in hospital	10	10	8	11	9	10	9	11	9	8	13	2	14	9	10	10	14	9	11	8	10	10	5	12	12	10	10
Access to local post-hospital services, such as clinics and health centres	9	8	9	9	7	8	12	9	12	10	8	17	3	9	8	8	2	8	11	8	7	9	12	7	6	9	8
Receiving medical care in my own home	4	7	5	9	7	7	6	9	5	9	10	0	9	3	7	6	4	3	8	9	6	8	6	7	7	7	6
Use of digital technology, such as online health records	5	4	3	5	5	6	0	4	0	3	5	0	4	4	4	3	8	2	3	4	5	3	4	4	3	5	3
Other	0	0	0	0	0	1	1	0	0	0	0	2	1	0	1	0	0	1	0	0	0	1	0	0	0	0	1
Don't know	8	8	6	6	5	7	4	5	7	3	7	5	5	5	11	6	13	17	6	2	7	10	7	9	6	8	11

Which ONE of the following do you think should have the MAIN responsibility for looking after older people in Wales?

Family members	22	29	25	31	35	22	29	28	30	33	20	21	36	32	26	32	29	32	27	29	28	31	26	25	36	31	28
Social/community services	18	16	19	14	14	19	13	23	15	16	19	20	16	15	16	16	16	14	15	17	17	14	15	14	14	18	17
The Welsh Government	15	14	15	14	14	14	12	14	20	13	18	14	12	14	15	13	12	12	16	13	16	12	16	12	13	15	13
The NHS in Wales	11	11	11	11	11	13	13	9	7	11	12	10	8	12	12	10	9	10	12	12	12	11	10	15	10	10	11
Local authorities	14	9	9	11	11	9	7	5	12	12	10	10	7	9	9	5	6	10	11	9	9	12	9	8	7	9	
The individual	6	5	5	5	5	6	10	5	7	4	7	7	6	5	5	5	3	2	8	5	4	7	7	5	3	2	
Friends/neighbours	1	1	1	1	0	1	0	0	0	0	0	4	0	1	1	1	2	1	1	0	0	1	1	1	0	1	1
Third sector/charities	0	1	0	0	0	0	0	2	0	0	0	0	2	0	1	0	2	0	1	0	1	1	0	0	2	0	1
None of these	1	1	0	0	0	1	0	0	0	0	1	0	0	0	1	4	1	0	0	1	0	0	2	0	2	0	0
Don't know	14	14	15	11	9	14	18	8	18	8	12	14	9	14	15	14	15	20	16	8	11	17	14	15	12	13	18

Sample Size: 1034 Welsh adults (aged 18+)
Fieldwork: 13th - 23rd January 2017

	Health & wellbeing status			Preferred medical involvement		
	Total	Should be doing more	Currently doing everything I can	Total involved	Total not involved	Don't know
Weighted Sample	1034	568	415	850	84	100
Unweighted Sample	1034	570	424	875	77	82
	%	%	%	%	%	%

	Jan 5-8 2016	Jan 13-23 2017				
Thinking about being in/being treated in hospital, which THREE, if any, of the following areas would be the most important to you? (Please tick up to three options)						
Quality of care	48	53	56	53	57	46
How long you have to wait for hospital treatment	N/A	44	44	46	46	51
Care, dignity and respect given to you or your family member	27	31	30	32	34	18
Access to appropriate medical staff	23	25	26	27	28	17
Clinical/medical staff e.g. doctors, nurses, physiotherapists being honest, open, empathetic and compassionate	N/A	24	21	29	25	16
Access to the latest medicines and treatments	N/A	22	22	24	24	22
Travelling distance to the nearest Hospital	N/A	18	18	18	19	19
Specialisation of services (i.e. services/facilities provided by staff with expertise in a medical area)	16	14	15	15	16	6
Shorter lengths of stay in hospital	10	10	11	9	10	16
Access to local post-hospital services, such as clinics and health centres	9	8	9	9	8	10
Receiving medical care in my own home	4	7	5	9	6	12
Use of digital technology, such as online health records	5	4	5	2	3	9
Other	0	0	0	0	0	0
Don't know	8	8	8	4	4	9

	Jan 5-8 2016	Jan 13-23 2017				
Which ONE of the following do you think should have the MAIN responsibility for looking after older people in Wales?						
Family members	22	29	29	31	31	26
Social/community services	18	16	17	14	17	15
The Welsh Government	15	14	15	13	14	17
The NHS in Wales	11	11	9	14	11	22
Local authorities	14	9	8	11	10	3
The individual	6	5	5	5	5	5
Friends/neighbours	1	1	1	0	1	2
Third sector/charities	0	1	1	0	1	0
None of these	1	1	1	0	1	2
Don't know	14	14	13	11	11	8

Sample Size: 1034 Welsh adults (aged 18+)
Fieldwork: 13th - 23rd January 2017

	EU Ref 2016		Westminster vote 2015					Constituency vote 2016					Gender		Age				Social grade		Region					
Total	Remain	Leave	Con	Lab	Lib Dem	UKIP	Plaid	Con	Lab	Lib Dem	UKIP	Plaid	Male	Female	18-24	25-39	40-59	60+	ABC1	C2DE	Mid and West	North	Cardiff and South Central	South East	South West	
Weighted Sample	1034	403	445	209	282	61	104	93	135	207	44	101	156	499	535	124	239	323	348	517	517	197	214	231	214	178
Unweighted Sample	1034	477	444	219	300	61	118	82	145	236	50	104	157	447	587	104	218	331	381	561	473	221	234	186	202	191
	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%

Which two or three, if any, of the following do you think would best encourage people to live healthier lives in Wales? (Please tick up to three options)

School education programmes (e.g. nutrition)	39	46	38	48	42	42	28	40	48	42	45	29	41	40	38	43	35	36	43	41	37	40	39	36	39	41
Stricter controls on sugar, fat and salt in the food industry	39	43	38	40	47	32	36	40	42	42	28	37	41	41	38	38	34	36	46	42	37	40	39	33	45	40
Easier access to fitness activities or classes (e.g. more regular, cheaper, more local etc.)	37	40	39	34	42	49	37	36	37	37	45	37	42	31	42	40	41	39	31	35	38	35	34	45	37	31
More local community activities (e.g. walking clubs, children's movement activities)	22	24	22	23	20	27	23	15	20	18	33	23	23	17	26	15	28	23	18	22	21	21	20	21	24	21
Improved cycling and walking routes in my community	18	21	17	15	18	25	13	26	17	18	17	15	18	16	19	25	17	20	14	19	16	16	20	20	14	18
Easier access to slimming clubs, and weight control programmes (e.g. more regular, cheaper, more local etc.)	17	19	18	12	19	15	25	9	12	19	12	23	16	13	21	16	17	18	16	17	17	17	14	24	14	14
Make local communities safer and more accessible for everyone (e.g. more pedestrianised areas)	14	13	14	11	15	15	12	15	11	16	12	12	17	13	15	15	14	16	11	14	14	15	15	12	16	12
More easily accessible information on where to get help and advice on health (e.g. websites, local libraries, local councils)	14	14	13	13	15	2	15	15	12	18	9	13	19	16	12	14	10	12	18	16	12	10	16	16	14	13
More advertising and campaigns giving healthy living advice	11	11	10	14	13	8	9	10	13	14	12	7	9	13	8	12	8	9	14	12	9	8	9	14	8	14
More media stories on how to live healthily	8	8	8	10	7	0	11	14	7	10	2	11	12	10	7	5	10	6	10	8	8	7	7	7	9	11
None of these	5	4	6	6	4	4	8	5	7	4	0	9	4	6	5	4	3	7	6	6	5	8	6	4	6	3
Don't know	11	7	9	8	6	15	9	14	8	8	20	9	8	13	9	8	18	10	9	8	14	11	12	8	11	14

And how likely or unlikely are you to do each of the following yourself? (Please tick one option per row)

Attend fitness activities or classes if access was easier (e.g. more regular, cheaper, more local etc.)

Very likely	19	22	19	21	21	21	18	22	22	22	21	17	26	12	26	19	19	19	20	20	19	21	16	24	18	17
Fairly likely	28	33	26	21	31	44	27	27	24	31	38	24	27	25	32	36	31	29	24	29	27	29	27	28	30	29
TOTAL LIKELY	47	55	45	42	52	65	45	49	46	53	59	41	53	37	58	55	50	48	44	49	46	50	43	52	48	46
Not very likely	21	21	23	29	20	14	19	22	23	24	19	22	18	25	17	18	16	22	24	22	21	21	19	21	23	20
Not likely at all	22	18	25	25	19	15	30	17	28	18	17	30	17	27	18	17	17	24	27	22	22	23	26	18	21	24
TOTAL NOT LIKELY	43	39	48	54	39	29	49	39	51	42	36	52	35	52	35	35	33	46	51	44	43	44	45	39	44	44
Don't know	9	7	7	5	9	6	7	12	3	4	5	7	12	11	7	10	18	6	6	7	11	7	12	8	8	10

Sample Size: 1034 Welsh adults (aged 18+)
Fieldwork: 13th - 23rd January 2017

	Health & wellbeing status			Preferred medical involvement		
	Total	Should be doing more	Currently doing everything I can	Total involved	Total not involved	Don't know
Weighted Sample	1034	568	415	850	84	100
Unweighted Sample	1034	570	424	875	77	82
	%	%	%	%	%	%

Which two or three, if any, of the following do you think would best encourage people to live healthier lives in Wales? (Please tick up to three options)

School education programmes (e.g. nutrition)	39	40	41	42	21	26
Stricter controls on sugar, fat and salt in the food industry	39	39	43	42	40	14
Easier access to fitness activities or classes (e.g. more regular, cheaper, more local etc.)	37	38	37	40	18	28
More local community activities (e.g. walking clubs, children's movement activities)	22	23	20	23	21	14
Improved cycling and walking routes in my community	18	19	17	17	20	17
Easier access to slimming clubs, and weight control programmes (e.g. more regular, cheaper, more local etc.)	17	20	15	18	16	11
Make local communities safer and more accessible for everyone (e.g. more pedestrianised areas)	14	14	15	13	26	8
More easily accessible information on where to get help and advice on health (e.g. websites, local libraries, local councils)	14	14	15	15	12	6
More advertising and campaigns giving healthy living advice	11	11	11	12	9	4
More media stories on how to live healthily	8	8	10	9	7	2
None of these	5	5	6	5	9	5
Don't know	11	11	7	7	12	44

And how likely or unlikely are you to do each of the following yourself? (Please tick one option per row)

Attend fitness activities or classes if access was easier (e.g. more regular, cheaper, more local etc.)

Very likely	19	17	25	20	16	13
Fairly likely	28	34	22	30	23	18
TOTAL LIKELY	47	51	47	50	39	31
Not very likely	21	22	22	22	22	9
Not likely at all	22	19	27	22	32	19
TOTAL NOT LIKELY	43	41	49	44	54	28
Don't know	9	8	4	5	7	41

Sample Size: 1034 Welsh adults (aged 18+)
Fieldwork: 13th - 23rd January 2017

	EU Ref 2016		Westminster vote 2015					Constituency vote 2016					Gender		Age				Social grade		Region					
	Total	Remain	Leave	Con	Lab	Lib Dem	UKIP	Plaid	Con	Lab	Lib Dem	UKIP	Plaid	Male	Female	18-24	25-39	40-59	60+	ABC1	C2DE	Mid and West	North	Cardiff and South Central	South East	South West
Weighted Sample	1034	403	445	209	282	50	104	93	135	207	44	101	156	499	535	124	239	323	348	517	517	197	214	231	214	178
Unweighted Sample	1034	477	444	219	300	61	118	82	145	236	50	104	157	447	587	104	218	331	381	561	473	221	234	186	202	191
	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%

Change my own diet (e.g. reduce sugar, fat and salt)

Very likely	27	27	30	32	29	23	26	23	41	27	19	22	27	22	31	23	22	26	31	26	27	23	27	28	31	22
Fairly likely	42	49	40	42	44	42	36	47	31	49	48	37	47	42	43	45	43	42	41	45	40	43	40	40	41	50
TOTAL LIKELY	69	76	70	74	73	65	62	70	72	76	67	59	74	64	74	68	65	68	72	71	67	66	67	68	72	72
Not very likely	14	13	15	13	14	19	16	19	12	16	23	22	14	17	10	13	11	13	16	16	11	15	12	15	15	12
Not likely at all	10	7	10	9	4	6	16	6	13	5	5	15	8	10	9	11	9	12	8	7	12	12	11	12	7	7
TOTAL NOT LIKELY	24	20	25	22	18	25	32	25	25	21	28	37	22	27	19	24	20	25	24	23	23	27	23	27	22	19
Don't know	8	4	6	4	8	10	6	4	3	3	5	5	4	9	6	8	15	6	4	6	9	7	10	5	7	9

Attend slimming clubs and weight control programmes if access was easier (e.g. more regular, cheaper, more local etc.)

Very likely	8	9	9	7	10	4	12	10	7	11	2	11	14	5	12	8	7	10	8	7	10	6	8	11	11	6
Fairly likely	15	15	17	10	17	23	16	11	11	15	16	16	20	12	18	9	18	15	15	14	16	14	11	17	18	16
TOTAL LIKELY	23	24	26	17	27	27	28	21	18	26	18	27	34	17	30	17	25	25	23	21	26	20	19	28	29	22
Not very likely	27	29	25	27	30	37	24	29	25	30	46	25	25	27	27	29	24	25	31	30	25	29	26	28	27	26
Not likely at all	43	42	43	53	36	29	42	45	55	39	33	43	35	49	37	46	37	45	43	45	41	45	48	39	36	46
TOTAL NOT LIKELY	70	71	68	80	66	66	66	74	80	69	79	68	60	76	64	75	61	70	74	75	66	74	74	67	63	72
Don't know	7	5	6	4	6	6	7	5	2	5	3	5	5	7	6	8	14	4	3	5	9	6	8	5	8	6

Get more involved in local community activities (e.g. walking clubs, children's movement activities)

Very likely	8	9	9	8	12	13	2	10	9	9	17	6	10	5	11	5	7	8	10	8	8	9	7	8	10	7
Fairly likely	27	30	25	23	25	30	27	29	20	30	27	25	34	24	30	28	32	27	23	29	25	27	24	26	33	25
TOTAL LIKELY	35	39	34	31	37	43	29	39	29	39	44	31	44	29	41	33	39	35	33	37	33	36	31	34	43	32
Not very likely	30	33	31	31	33	31	26	33	28	35	35	33	30	31	29	25	26	33	33	31	29	31	29	32	28	30
Not likely at all	26	22	27	32	21	18	38	19	39	19	15	28	17	30	22	31	22	25	28	24	27	24	27	27	24	27
TOTAL NOT LIKELY	56	55	58	63	54	49	64	52	67	54	50	61	47	61	51	56	48	58	61	55	56	55	56	59	52	57
Don't know	9	6	8	5	9	8	7	9	4	6	7	8	9	10	8	11	14	8	6	7	12	9	13	7	6	11

Share/ discuss/ read local information on where to get help and advice on health living (e.g. websites, local libraries, local councils)

Very likely	9	9	9	8	12	6	9	3	8	13	7	5	10	5	13	6	7	8	12	10	8	10	7	10	10	7
Fairly likely	35	41	35	35	39	46	26	42	35	38	36	33	42	33	38	32	34	35	38	39	31	32	36	32	37	40
TOTAL LIKELY	44	50	44	43	51	52	35	45	43	51	43	38	52	38	51	38	41	43	50	49	39	42	43	42	47	47
Not very likely	26	26	26	29	27	24	24	22	29	28	31	26	22	28	23	30	23	27	24	27	24	31	22	27	24	25
Not likely at all	21	18	23	23	16	12	35	17	26	15	16	27	13	23	19	20	20	24	20	18	24	20	23	23	19	20
TOTAL NOT LIKELY	47	44	49	52	43	36	59	39	55	43	47	53	35	51	42	50	43	51	44	45	48	51	45	50	43	45
Don't know	9	6	8	6	7	12	6	16	2	6	11	9	12	11	7	11	15	6	6	6	12	6	12	8	10	8

Sample Size: 1034 Welsh adults (aged 18+)
Fieldwork: 13th - 23rd January 2017

	Health & wellbeing status			Preferred medical involvement		
	Total	Should be doing more	Currently doing everything I can	Total involved	Total not involved	Don't know
Weighted Sample	1034	568	415	850	84	100
Unweighted Sample	1034	570	424	875	77	82
	%	%	%	%	%	%

Change my own diet (e.g. reduce sugar, fat and salt)

Very likely	27	25	31	28	22	15
Fairly likely	42	48	37	45	34	28
TOTAL LIKELY	69	73	68	73	56	43
Not very likely	14	13	16	13	27	7
Not likely at all	10	7	14	10	12	11
TOTAL NOT LIKELY	24	20	30	23	39	18
Don't know	8	7	2	4	6	39

Attend slimming clubs and weight control programmes if access was easier (e.g. more regular, cheaper, more local etc.)

Very likely	8	8	11	10	5	2
Fairly likely	15	18	11	15	13	15
TOTAL LIKELY	23	26	22	25	18	17
Not very likely	27	29	25	28	34	16
Not likely at all	43	39	50	44	45	32
TOTAL NOT LIKELY	70	68	75	72	79	48
Don't know	7	6	2	4	4	35

Get more involved in local community activities (e.g. walking clubs, children's movement activities)

Very likely	8	6	12	9	2	2
Fairly likely	27	29	25	29	19	17
TOTAL LIKELY	35	35	37	38	21	19
Not very likely	30	32	31	31	38	19
Not likely at all	26	25	28	25	34	22
TOTAL NOT LIKELY	56	57	59	56	72	41
Don't know	9	8	5	6	7	40

Share/ discuss/ read local information on where to get help and advice on health living (e.g. websites, local libraries, local councils)

Very likely	9	8	11	10	4	2
Fairly likely	35	37	35	38	35	16
TOTAL LIKELY	44	45	46	48	39	18
Not very likely	26	28	24	26	35	18
Not likely at all	21	20	23	21	17	25
TOTAL NOT LIKELY	47	48	47	47	52	43
Don't know	9	7	6	5	9	39

Sample Size: 1034 Welsh adults (aged 18+)
Fieldwork: 13th - 23rd January 2017

	EU Ref 2016		Westminster vote 2015					Constituency vote 2016					Gender		Age				Social grade		Region					
Total	Remain	Leave	Con	Lab	Lib Dem	UKIP	Plaid	Con	Lab	Lib Dem	UKIP	Plaid	Male	Female	18-24	25-39	40-59	60+	ABC1	C2DE	Mid and West	North	Cardiff and South Central	South East	South West	
Weighted Sample	1034	403	445	209	282	50	104	93	135	207	44	101	156	499	535	124	239	323	348	517	517	197	214	231	214	178
Unweighted Sample	1034	477	444	219	300	61	118	82	145	236	50	104	157	447	587	104	218	331	381	561	473	221	234	186	202	191
	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%

Share/ discuss/ read advertising and campaigns specifically promoting healthy living

Very likely	10	12	9	10	11	7	9	7	12	14	10	4	14	5	14	11	7	8	13	11	9	10	8	9	10	11
Fairly likely	30	34	31	27	38	46	24	32	29	35	30	28	35	26	34	20	28	33	32	31	29	33	28	27	31	31
TOTAL LIKELY	40	46	40	37	49	53	33	39	41	49	40	32	49	31	48	31	35	41	45	42	38	43	36	36	41	42
Not very likely	29	28	29	35	26	27	25	21	29	28	33	34	21	31	27	35	27	27	29	32	25	24	30	33	29	26
Not likely at all	22	20	23	22	15	13	33	27	27	14	23	24	20	26	18	23	22	25	19	20	24	24	21	24	19	24
TOTAL NOT LIKELY	51	48	52	57	41	40	58	48	56	42	56	58	41	57	45	58	49	52	48	52	49	48	51	57	48	50
Don't know	10	6	8	5	10	6	9	13	3	9	5	10	11	12	8	12	15	7	7	7	12	8	13	7	11	9

Share/ discuss/ read stories (e.g. in newspapers, magazines, TV, social media) on healthy living

Very likely	11	13	12	12	15	5	12	11	12	15	6	8	16	7	15	14	8	11	12	11	12	9	8	11	18	11
Fairly likely	32	37	31	33	38	49	22	24	32	36	39	24	31	30	35	33	31	28	37	35	29	34	34	32	28	34
TOTAL LIKELY	43	50	43	45	53	54	34	35	44	51	45	32	47	37	50	47	39	39	49	46	41	43	42	43	46	45
Not very likely	25	24	25	27	23	21	27	28	25	27	37	32	23	26	23	24	20	29	25	28	22	25	26	26	23	24
Not likely at all	24	21	27	25	18	21	32	32	30	17	14	29	25	29	20	20	27	26	23	21	28	25	21	27	24	26
TOTAL NOT LIKELY	49	45	52	52	41	42	59	60	55	44	51	61	48	55	43	44	47	55	48	49	50	50	47	53	47	50
Don't know	7	5	6	4	7	5	8	5	2	6	3	7	5	8	7	9	15	6	3	5	9	8	11	5	8	6

Provide social, emotional or practical support based on my own experiences (e.g. mentoring, doing the food shopping, running health classes, organising walks etc.) for others in the local community to live healthier lives

Very likely	6	7	4	2	9	4	5	3	1	7	3	3	7	6	6	11	5	6	4	6	6	3	4	8	9	4
Fairly likely	20	20	21	20	20	21	22	21	24	24	18	25	22	19	22	24	19	22	18	23	17	24	15	20	22	22
TOTAL LIKELY	26	27	25	22	29	25	27	24	25	31	21	28	29	25	28	35	24	28	22	29	23	27	19	28	31	26
Not very likely	33	35	34	32	38	33	25	34	32	35	45	21	34	32	33	31	30	35	33	32	33	33	36	37	26	31
Not likely at all	30	29	32	40	24	36	39	24	39	26	26	41	24	32	29	20	27	29	38	29	31	31	34	27	30	29
TOTAL NOT LIKELY	63	64	66	72	62	69	64	58	71	61	71	62	58	64	62	51	57	64	71	61	64	64	70	64	56	60
Don't know	11	8	9	6	8	7	10	18	4	7	8	9	13	12	10	14	19	7	7	9	13	9	11	8	13	14

How much personal responsibility, if any, do you feel you currently have for your own health and wellbeing?

A great deal	68	71	71	82	68	63	69	64	78	68	70	67	67	62	75	59	63	70	75	71	66	75	68	64	74	60
A fair amount	23	23	22	14	25	28	25	31	16	28	24	26	25	26	21	27	20	25	22	22	25	20	26	28	18	25
TOTAL GREAT DEAL/ FAIR AMOUNT	91	94	93	96	93	91	94	95	94	96	94	93	92	88	96	86	83	95	97	93	91	95	94	92	92	85
Not very much	4	4	4	2	5	9	5	3	5	3	6	6	5	7	2	9	6	3	3	5	4	1	3	5	5	9
None at all	1	0	1	0	2	0	1	1	0	0	0	1	2	1	0	1	3	0	1	0	1	0	0	2	0	2
TOTAL NOT VERY MUCH/ NONE AT ALL	5	4	5	2	7	9	6	4	5	3	6	7	7	8	2	10	9	3	4	5	5	1	3	7	5	11
Don't know	3	1	2	1	1	0	0	2	1	1	0	1	1	4	2	4	8	2	0	1	4	3	3	1	3	4

Sample Size: 1034 Welsh adults (aged 18+)
Fieldwork: 13th - 23rd January 2017

	Health & wellbeing status			Preferred medical involvement		
	Total	Should be doing more	Currently doing everything I can	Total involved	Total not involved	Don't know
Weighted Sample	1034	568	415	850	84	100
Unweighted Sample	1034	570	424	875	77	82
	%	%	%	%	%	%

Share/ discuss/ read advertising and campaigns specifically promoting healthy living

Very likely	10	9	12	11	6	3
Fairly likely	30	31	31	33	18	19
TOTAL LIKELY	40	40	43	44	24	22
Not very likely	29	31	27	29	43	15
Not likely at all	22	22	23	22	20	25
TOTAL NOT LIKELY	51	53	50	51	63	40
Don't know	10	7	6	6	13	39

Share/ discuss/ read stories (e.g. in newspapers, magazines, TV, social media) on healthy living

Very likely	11	10	14	12	10	3
Fairly likely	32	33	33	36	17	17
TOTAL LIKELY	43	43	47	48	27	20
Not very likely	25	27	24	25	33	18
Not likely at all	24	24	26	23	35	27
TOTAL NOT LIKELY	49	51	50	48	68	45
Don't know	7	6	3	4	4	35

Provide social, emotional or practical support based on my own experiences (e.g. mentoring, doing the food shopping, running health classes, organising walks etc.) for others in the local community to live healthier lives

Very likely	6	5	8	6	7	1
Fairly likely	20	20	21	21	19	14
TOTAL LIKELY	26	25	29	27	26	15
Not very likely	33	36	30	34	34	16
Not likely at all	30	28	34	31	32	25
TOTAL NOT LIKELY	63	64	64	65	66	41
Don't know	11	10	7	7	8	43

How much personal responsibility, if any, do you feel you currently have for your own health and wellbeing?

A great deal	68	66	78	73	50	44
A fair amount	23	27	20	23	28	21
TOTAL GREAT DEAL/ FAIR AMOUNT	91	93	98	96	78	65
Not very much	4	6	2	2	19	9
None at all	1	1	0	0	3	6
TOTAL NOT VERY MUCH/ NONE AT ALL	5	7	2	2	22	15
Don't know	3	1	0	1	0	20

Sample Size: 1034 Welsh adults (aged 18+)
Fieldwork: 13th - 23rd January 2017

	EU Ref 2016		Westminster vote 2015					Constituency vote 2016					Gender		Age				Social grade		Region					
Total	Remain	Leave	Con	Lab	Lib Dem	UKIP	Plaid	Con	Lab	Lib Dem	UKIP	Plaid	Male	Female	18-24	25-39	40-59	60+	ABC1	C2DE	Mid and West	North	Cardiff and South Central	South East	South West	
Weighted Sample	1034	403	445	209	282	50	104	93	135	207	44	101	156	499	535	124	239	323	348	517	517	197	214	231	214	178
Unweighted Sample	1034	477	444	219	300	61	118	82	145	236	50	104	157	447	587	104	218	331	381	561	473	221	234	186	202	191
	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%

**Thinking about your current health and wellbeing...
Which one of the following statements comes
closest to your view?**

I should be doing more to look after my health and wellbeing	55	60	48	44	57	61	56	58	44	53	63	47	55	57	53	66	66	58	40	57	53	52	54	55	55	58
I am currently doing everything I can to look after my health and wellbeing	40	37	48	52	40	37	41	37	53	44	34	52	41	36	44	26	24	38	58	38	42	43	40	42	40	35
Don't know	5	3	4	4	3	3	3	5	3	3	3	1	4	7	3	7	9	4	2	4	5	5	6	3	4	7

**Which, if any, of the following people do you
currently have daily unpaid caring responsibilities
for? (Please tick all that apply)**

Child/ young person	16	16	13	12	17	18	9	23	11	17	22	13	16	13	18	7	27	25	4	15	17	12	14	19	18	17
Partner/ spouse	9	5	13	8	9	6	19	7	4	9	9	22	9	7	10	1	6	9	13	8	9	8	6	9	10	11
Parent	8	7	8	7	9	5	9	7	9	8	6	9	9	5	11	6	6	12	6	7	8	5	7	6	12	9
Sibling	2	1	2	3	3	3	1	0	1	3	2	2	1	2	2	6	1	1	1	2	2	1	1	1	3	2
Friend	2	2	2	2	2	0	2	0	1	2	0	2	2	1	2	0	1	2	2	1	2	3	1	0	1	2
Grandparent	1	1	0	0	1	3	1	0	0	3	0	1	0	1	0	4	1	1	0	1	0	0	0	1	2	1
Neighbour	0	0	1	0	0	0	2	0	0	0	0	3	0	0	1	0	1	1	0	0	1	0	0	1	0	1
Other	1	2	2	0	1	3	3	4	2	2	2	0	2	1	2	0	0	2	2	1	2	1	1	1	3	1
Not applicable – I don't have any caring responsibilities	69	71	68	75	66	69	63	64	77	65	65	61	68	75	64	85	65	58	77	71	68	75	72	68	66	65

**Social care aims to provide help to support people
lead independent lives or have an improved quality
of life. This can include help with personal care,
accommodation, adaptations to your home to help
with daily living, access to day centres and the
wider community. Approximately how often, if at
all, do you or a family member use adult social
care services?**

Regularly	5	5	5	5	7	5	6	4	6	5	2	5	7	3	6	5	4	4	5	3	6	5	6	3	6	3
Occasionally	5	7	5	4	6	7	6	5	5	5	6	2	8	4	6	3	4	6	6	5	5	6	5	5	6	3
Rarely	6	9	4	5	10	7	3	7	5	9	13	2	11	6	7	5	5	6	8	6	6	6	4	9	6	6
Never	53	51	56	60	49	54	57	58	61	54	55	57	48	49	56	42	44	55	59	57	48	57	55	50	49	52
Don't know	5	5	4	3	3	3	7	6	2	2	7	8	9	7	4	13	9	2	4	5	5	4	7	5	5	6
Not applicable – my experience of social care only relates children	26	23	26	23	25	25	21	19	20	26	17	26	17	31	21	31	34	27	17	23	29	21	22	27	29	29

Sample Size: 1034 Welsh adults (aged 18+)
Fieldwork: 13th - 23rd January 2017

	Health & wellbeing status			Preferred medical involvement		
	Total	Should be doing more	Currently doing everything I can	Total involved	Total not involved	Don't know
Weighted Sample	1034	568	415	850	84	100
Unweighted Sample	1034	570	424	875	77	82
	%	%	%	%	%	%

**Thinking about your current health and wellbeing...
Which one of the following statements comes
closest to your view?**

I should be doing more to look after my health and wellbeing	55	100	0	55	60	50
I am currently doing everything I can to look after my health and wellbeing	40	0	100	43	35	24
Don't know	5	0	0	2	5	26

**Which, if any, of the following people do you
currently have daily unpaid caring responsibilities
for? (Please tick all that apply)**

Child/ young person	16	20	11	15	13	4
Partner/ spouse	9	7	11	9	8	1
Parent	8	8	8	8	9	6
Sibling	2	1	3	1	6	1
Friend	2	1	2	2	2	0
Grandparent	1	0	1	0	6	0
Neighbour	0	0	1	0	1	24
Other	1	2	1	2	0	0
Not applicable – I don't have any caring responsibilities	69	67	71	69	69	71

**Social care aims to provide help to support people
lead independent lives or have an improved quality
of life. This can include help with personal care,
accommodation, adaptations to your home to help
with daily living, access to day centres and the
wider community. Approximately how often, if at
all, do you or a family member use adult social
care services?**

Regularly	5	4	5	5	3	1
Occasionally	5	6	4	6	2	1
Rarely	6	6	7	7	3	5
Never	53	51	59	55	52	29
Don't know	5	6	4	5	5	11
Not applicable – my experience of social care only relates children	26	27	21	22	36	54

Sample Size: 1034 Welsh adults (aged 18+)
Fieldwork: 13th - 23rd January 2017

	EU Ref 2016		Westminster vote 2015					Constituency vote 2016					Gender		Age				Social grade		Region					
	Remain	Leave	Con	Lab	Lib Dem	UKIP	Plaid	Con	Lab	Lib Dem	UKIP	Plaid	Male	Female	18-24	25-39	40-59	60+	ABC1	C2DE	Mid and West	North	Cardiff and South Central	South East	South West	
Weighted Sample	1034	403	445	209	282	50	104	93	135	207	44	101	156	499	535	124	239	323	348	517	517	197	214	231	214	178
Unweighted Sample	1034	477	444	219	300	61	118	82	145	236	50	104	157	447	587	104	218	331	381	561	473	221	234	186	202	191
	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%

For each of the following, please say where you would go for help or advice.

Coughs, sore throats

Self-help	71	76	70	70	69	73	74	83	73	70	77	69	82	71	72	68	70	75	70	72	70	72	72	72	71	70
NHS Direct Wales	1	1	1	1	1	0	0	0	0	2	0	1	0	1	1	4	0	1	0	1	1	2	1	1	1	1
GP/ Out of Hours GP service	4	3	4	4	3	4	3	2	3	5	1	6	1	5	2	2	5	4	3	4	3	3	5	4	2	5
Pharmacies	19	18	21	22	21	16	20	13	22	18	18	20	12	17	21	13	14	18	25	18	19	19	20	20	17	17
Minor Injury Unit	1	1	0	0	2	0	0	0	0	2	4	0	0	1	0	4	0	0	0	1	0	0	0	0	1	1
Ambulance/ paramedic	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
A&E	0	0	0	0	0	3	0	0	0	1	0	0	0	0	0	2	0	0	0	0	0	0	0	1	0	0
Other	1	1	1	1	0	4	2	0	1	1	0	2	2	1	1	0	3	0	1	1	1	1	0	1	2	1
Don't know	3	1	3	1	3	0	0	3	2	1	0	2	3	4	3	7	6	1	1	3	4	3	2	2	5	4

Grazed knees

Self-help	87	90	88	89	89	89	89	93	90	90	86	89	93	84	91	79	79	92	92	88	87	88	90	86	87	85
NHS Direct Wales	0	0	1	0	0	0	0	0	0	1	0	0	0	1	0	1	0	1	0	0	1	0	0	2	0	0
GP/ Out of Hours GP service	2	1	2	1	2	1	1	0	2	2	2	1	1	2	1	1	4	1	1	2	2	2	2	1	1	3
Pharmacies	3	3	5	4	2	1	5	4	3	3	1	5	2	4	3	2	3	3	4	2	4	3	4	5	3	1
Minor Injury Unit	2	2	1	1	3	7	1	0	2	1	11	1	0	3	1	6	1	1	1	3	1	3	1	2	1	3
Ambulance/ paramedic	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0	2	0	0	0	0	0	0	0	0	0	1
A&E	1	1	0	1	1	0	0	0	0	0	0	0	1	1	0	0	1	1	0	0	1	0	1	0	0	2
Other	1	1	2	1	1	2	4	0	1	1	0	3	0	2	1	0	4	0	1	2	1	1	0	1	4	2
Don't know	4	2	2	2	3	0	0	3	2	1	0	1	4	4	3	10	7	1	1	3	4	4	3	3	5	3

Flu-like symptoms

Self-help	64	67	66	63	65	71	66	71	66	64	59	67	74	61	67	52	54	70	70	64	64	67	65	65	60	64
NHS Direct Wales	3	3	3	1	2	0	5	1	3	3	2	3	0	4	2	5	3	3	1	3	2	3	2	2	4	3
GP/ Out of Hours GP service	9	8	9	12	8	7	8	7	9	10	7	8	7	12	7	12	15	6	7	11	8	9	11	11	6	10
Pharmacies	19	19	19	22	19	19	19	16	20	21	25	19	15	17	21	18	18	18	20	17	21	17	20	20	22	15
Minor Injury Unit	0	1	0	0	1	0	0	0	0	0	4	0	1	0	0	2	0	0	0	1	0	0	0	0	0	1
Ambulance/ paramedic	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
A&E	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	1
Other	1	0	1	1	1	0	2	1	0	0	0	2	1	1	1	0	4	0	0	1	1	1	1	1	2	1
Don't know	3	2	2	1	3	3	0	3	2	1	3	1	3	4	3	9	6	2	1	3	4	3	2	3	5	4

Medical advice/ help

Self-help	10	10	11	9	13	5	11	5	11	9	7	13	8	10	11	8	10	17	6	10	10	13	10	9	10	9
NHS Direct Wales	35	40	35	30	40	35	35	42	26	41	34	31	45	35	35	36	42	36	29	36	34	30	33	37	40	35
GP/ Out of Hours GP service	29	28	27	34	23	31	29	35	35	24	29	29	29	29	29	23	24	27	37	30	28	32	30	29	25	29
Pharmacies	16	14	19	21	15	16	20	12	21	18	22	23	12	15	17	18	8	14	23	15	17	15	18	16	16	15
Minor Injury Unit	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0
Ambulance/ paramedic	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0
A&E	0	0	0	0	0	3	0	0	0	1	0	0	0	0	0	1	0	0	0	0	0	0	0	1	0	0
Other	4	4	3	3	3	5	4	2	3	5	3	3	2	4	4	4	9	3	3	4	5	4	6	4	3	5
Don't know	4	3	4	2	5	5	1	5	3	3	4	1	4	6	3	10	7	2	2	3	5	5	2	3	6	6

Sample Size: 1034 Welsh adults (aged 18+)
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	Health & wellbeing status			Preferred medical involvement		
	Total	Should be doing more	Currently doing everything I can	Total involved	Total not involved	Don't know
Weighted Sample	1034	568	415	850	84	100
Unweighted Sample	1034	570	424	875	77	82
	%	%	%	%	%	%

For each of the following, please say where you would go for help or advice.

Coughs, sore throats

Self-help	71	73	73	73	65	61
NHS Direct Wales	1	1	0	1	0	1
GP/ Out of Hours GP service	4	4	3	4	3	7
Pharmacies	19	19	20	20	16	9
Minor Injury Unit	1	0	1	0	4	0
Ambulance/ paramedic	0	0	0	0	0	0
A&E	0	0	1	0	1	1
Other	1	2	1	1	3	1
Don't know	3	2	1	1	7	20

Grazed knees

Self-help	87	90	89	90	81	68
NHS Direct Wales	0	0	1	0	0	1
GP/ Out of Hours GP service	2	1	2	2	1	3
Pharmacies	3	3	4	4	0	1
Minor Injury Unit	2	2	2	2	5	1
Ambulance/ paramedic	0	0	0	0	0	0
A&E	1	1	1	0	1	2
Other	1	2	1	1	4	1
Don't know	4	2	1	1	7	22

Flu-like symptoms

Self-help	64	65	67	67	57	47
NHS Direct Wales	3	3	1	3	2	4
GP/ Out of Hours GP service	9	10	9	9	5	13
Pharmacies	19	18	21	19	23	12
Minor Injury Unit	0	0	0	0	0	0
Ambulance/ paramedic	0	0	0	0	0	0
A&E	0	0	0	0	0	0
Other	1	2	1	1	5	2
Don't know	3	2	1	1	7	22

Medical advice/ help

Self-help	10	9	12	10	15	14
NHS Direct Wales	35	39	32	36	33	28
GP/ Out of Hours GP service	29	27	33	31	21	23
Pharmacies	16	14	20	18	13	6
Minor Injury Unit	0	0	0	0	1	0
Ambulance/ paramedic	0	0	0	0	0	0
A&E	0	0	0	0	0	1
Other	4	7	2	4	10	5
Don't know	4	3	2	2	7	23

Sample Size: 1034 Welsh adults (aged 18+)
Fieldwork: 13th - 23rd January 2017

	EU Ref 2016		Westminster vote 2015				Constituency vote 2016				Gender		Age				Social grade		Region								
	Total	Remain	Leave	Con	Lab	Lib Dem	UKIP	Plaid	Con	Lab	Lib Dem	UKIP	Plaid	Male	Female	18-24	25-39	40-59	60+	ABC1	C2DE	Mid and West	North	Cardiff and South Central	South East	South West	
Weighted Sample	1034	403	445	209	282	50	104	93	135	207	44	101	156	499	535	124	239	323	348	517	517	197	214	231	214	178	
Unweighted Sample	1034	477	444	219	300	61	118	82	145	236	50	104	157	447	587	104	218	331	381	561	473	221	234	186	202	191	
	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%
Hearing loss/ ear pain																											
Self-help	8	8	7	6	9	6	8	6	6	11	6	7	5	9	7	12	3	10	7	7	9	10	11	6	6	7	
NHS Direct Wales	4	5	5	3	5	4	11	4	3	5	4	10	7	5	4	5	5	5	4	6	3	4	3	5	5	4	
GP/ Out of Hours GP service	72	73	72	75	72	79	63	78	74	73	78	66	75	70	74	62	72	72	74	72	72	72	75	76	66	71	
Pharmacies	6	7	7	10	5	4	8	4	10	4	5	9	5	4	8	5	4	6	8	6	6	2	5	6	11	6	
Minor Injury Unit	1	1	1	2	1	1	3	1	1	1	5	2	1	2	1	2	1	2	1	2	1	3	0	0	1	2	
Ambulance/ paramedic	0	0	0	0	0	0	0	0	0	0	0	0	1	0	1	1	0	0	0	0	0	0	0	0	0	1	
A&E	1	1	2	0	1	0	2	3	1	0	0	2	2	2	1	3	2	1	1	1	1	2	1	1	2	1	
Other	3	2	2	3	1	6	5	1	3	2	2	3	2	3	2	1	4	2	3	3	2	4	2	3	3	2	
Don't know	4	2	4	1	5	0	1	3	3	2	0	2	3	6	3	9	9	2	2	3	6	3	2	3	7	7	
Mental health crisis (e.g. considering harm to self or others, extreme emotional disturbance)																											
Self-help	6	5	5	4	6	4	5	2	3	5	0	7	4	5	6	5	6	7	4	5	6	8	5	6	3	5	
NHS Direct Wales	11	9	13	13	11	7	16	7	16	12	10	9	10	11	10	16	10	9	11	8	13	10	9	11	7	16	
GP/ Out of Hours GP service	45	45	45	49	43	44	44	56	51	48	43	44	54	45	45	25	42	51	48	45	45	44	47	43	50	39	
Pharmacies	1	1	0	1	1	0	0	1	0	0	4	0	1	1	0	3	0	0	0	1	0	1	1	0	0	2	
Minor Injury Unit	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
Ambulance/ paramedic	7	8	5	6	8	8	4	5	5	9	10	5	5	6	8	8	8	7	6	7	7	6	9	9	7	5	
A&E	7	9	7	6	8	8	6	9	5	8	4	10	7	5	9	10	5	6	8	6	8	8	10	6	4	6	
Other	8	9	6	4	6	13	11	5	5	8	16	8	4	8	8	12	13	7	4	8	7	6	5	10	10	7	
Don't know	17	13	19	17	16	16	13	15	16	10	14	16	16	20	13	21	17	12	19	19	14	17	15	14	19	19	
Symptoms that won't go away																											
Self-help	4	3	4	3	7	3	4	0	2	6	5	4	2	5	4	7	3	6	3	5	4	7	3	5	4	3	
NHS Direct Wales	6	5	8	5	6	4	13	5	4	8	6	11	9	7	6	5	5	6	8	6	7	4	7	3	10	8	
GP/ Out of Hours GP service	80	87	78	84	77	87	77	87	86	81	84	76	82	77	82	73	77	82	82	80	80	83	84	82	75	76	
Pharmacies	3	3	5	4	4	2	3	6	3	2	2	6	5	4	3	4	1	3	5	4	3	3	2	3	4	5	
Minor Injury Unit	0	0	0	0	1	0	0	0	0	0	4	0	0	0	0	2	0	0	0	0	0	0	0	0	0	1	
Ambulance/ paramedic	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1	0	1	0	0	0	1	0	1	1	0	0	
A&E	0	1	0	1	0	3	0	0	1	1	0	0	0	0	1	2	0	0	0	0	0	0	1	1	0	0	
Other	1	0	1	0	1	0	2	0	1	1	0	2	0	1	0	0	3	0	0	1	1	0	0	1	2	0	
Don't know	4	1	4	2	4	1	0	2	3	2	0	1	2	5	3	6	10	2	1	3	5	3	2	4	6	6	
Diarrhoea																											
Self-help	66	69	68	65	66	72	67	77	70	64	74	69	74	65	68	58	63	74	65	65	67	69	70	65	65	64	
NHS Direct Wales	1	1	2	1	2	0	1	2	0	2	0	1	2	2	1	3	2	1	1	2	1	1	2	1	1	3	
GP/ Out of Hours GP service	8	6	6	8	6	10	6	3	3	10	6	4	3	10	7	16	10	5	7	8	8	10	7	11	4	8	
Pharmacies	19	20	21	24	22	14	24	15	25	21	17	22	17	16	21	11	14	18	27	19	19	15	19	20	22	19	
Minor Injury Unit	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
Ambulance/ paramedic	0	0	0	1	0	0	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0	1	
A&E	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
Other	1	1	1	0	1	2	3	0	0	1	0	3	1	1	1	0	3	1	0	1	1	1	1	1	3	1	
Don't know	4	2	3	2	4	3	0	3	2	2	3	1	3	5	2	11	8	1	1	3	4	5	2	3	5	4	

Sample Size: 1034 Welsh adults (aged 18+)
Fieldwork: 13th - 23rd January 2017

	Health & wellbeing status			Preferred medical involvement		
	Total	Should be doing more	Currently doing everything I can	Total involved	Total not involved	Don't know
Weighted Sample	1034	568	415	850	84	100
Unweighted Sample	1034	570	424	875	77	82
	%	%	%	%	%	%
Hearing loss/ ear pain						
Self-help	8	5	11	7	12	10
NHS Direct Wales	4	5	4	5	4	3
GP/ Out of Hours GP service	72	78	67	74	63	58
Pharmacies	6	4	9	7	1	3
Minor Injury Unit	1	1	1	1	3	0
Ambulance/ paramedic	0	0	0	0	3	0
A&E	1	1	1	1	2	0
Other	3	2	4	2	5	4
Don't know	4	3	2	2	7	22
Mental health crisis (e.g. considering harm to self or others, extreme emotional disturbance)						
Self-help	6	4	7	6	4	7
NHS Direct Wales	11	9	12	10	13	10
GP/ Out of Hours GP service	45	49	42	46	40	35
Pharmacies	1	1	1	1	2	0
Minor Injury Unit	0	0	0	0	0	1
Ambulance/ paramedic	7	7	7	7	7	7
A&E	7	6	8	7	4	5
Other	8	9	7	8	16	2
Don't know	17	15	15	15	15	33
Symptoms that won't go away						
Self-help	4	3	6	4	9	7
NHS Direct Wales	6	5	8	6	10	4
GP/ Out of Hours GP service	80	84	78	83	66	64
Pharmacies	3	3	4	4	3	2
Minor Injury Unit	0	0	0	0	0	0
Ambulance/ paramedic	0	1	0	0	2	2
A&E	0	0	1	0	1	1
Other	1	1	0	1	3	0
Don't know	4	3	2	2	7	19
Diarrhoea						
Self-help	66	68	68	68	62	54
NHS Direct Wales	1	2	1	2	1	1
GP/ Out of Hours GP service	8	8	8	8	4	12
Pharmacies	19	18	21	20	21	10
Minor Injury Unit	0	0	0	0	0	0
Ambulance/ paramedic	0	0	0	0	0	0
A&E	0	0	0	0	0	0
Other	1	2	0	1	5	1
Don't know	4	2	2	1	7	22

Sample Size: 1034 Welsh adults (aged 18+)
Fieldwork: 13th - 23rd January 2017

	EU Ref 2016		Westminster vote 2015						Constituency vote 2016					Gender		Age				Social grade		Region					
	Total	Remain	Leave	Con	Lab	Lib Dem	UKIP	Plaid	Con	Lab	Lib Dem	UKIP	Plaid	Male	Female	18-24	25-39	40-59	60+	ABC1	C2DE	Mid and West	North	Cardiff and South Central	South East	South West	
Weighted Sample	1034	403	445	209	282	50	104	93	135	207	44	101	156	499	535	124	239	323	348	517	517	197	214	231	214	178	
Unweighted Sample	1034	477	444	219	300	61	118	82	145	236	50	104	157	447	587	104	218	331	381	561	473	221	234	186	202	191	
	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%
Headache																											
Self-help	82	86	83	82	84	86	85	88	86	85	86	81	88	79	85	75	76	87	84	82	82	82	83	80	85	79	
NHS Direct Wales	1	1	1	0	0	0	2	0	0	0	1	2	0	1	0	2	1	1	0	0	1	1	0	1	1	0	
GP/ Out of Hours GP service	2	2	2	2	2	3	1	3	0	3	1	1	2	3	2	2	4	2	1	3	2	4	2	2	1	4	
Pharmacies	10	10	11	13	10	8	11	7	11	10	12	13	5	11	9	10	8	9	12	10	10	10	13	12	6	9	
Minor Injury Unit	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
Ambulance/ paramedic	0	0	0	0	0	0	0	0	0	0	0	0	1	0	0	1	0	0	0	0	0	0	0	0	0	0	
A&E	0	1	0	1	0	3	0	0	0	1	0	0	0	1	0	2	0	0	0	1	0	0	0	1	0	1	
Other	1	0	1	1	1	0	2	0	1	1	0	2	1	1	1	0	4	0	1	1	1	0	0	2	3	2	
Don't know	3	1	2	1	3	0	0	3	2	1	0	1	3	4	2	8	7	1	1	3	4	3	2	3	5	5	
Sprains																											
Self-help	50	48	51	50	50	44	59	55	53	50	41	60	53	54	46	36	41	54	57	47	53	51	56	48	50	42	
NHS Direct Wales	2	2	2	1	2	1	3	3	0	3	1	4	1	2	2	3	2	3	1	3	1	0	2	4	2	3	
GP/ Out of Hours GP service	16	17	16	16	15	27	15	13	12	15	28	18	12	14	17	17	15	16	15	16	15	18	11	17	15	17	
Pharmacies	4	4	4	7	3	2	5	2	9	1	6	2	3	4	5	2	6	2	6	4	4	3	5	5	3	5	
Minor Injury Unit	17	20	17	18	19	11	14	20	17	20	15	10	25	13	20	23	13	17	17	18	16	15	16	16	18	20	
Ambulance/ paramedic	1	1	0	0	1	0	1	0	0	1	0	1	1	1	1	2	1	0	0	1	0	1	0	1	0	1	
A&E	5	5	4	5	6	8	2	3	4	7	3	2	3	5	5	9	8	4	2	6	4	6	4	5	4	6	
Other	1	0	2	1	0	2	2	1	1	0	0	2	0	1	1	0	4	0	1	1	1	1	0	1	2	1	
Don't know	5	2	4	3	4	5	0	3	4	3	5	1	4	5	4	7	9	3	2	4	5	3	5	4	5	5	
Suspected broken bone																											
Self-help	1	1	1	0	2	0	2	0	1	3	0	1	0	2	1	4	0	1	1	1	1	1	0	1	2	2	
NHS Direct Wales	2	2	3	3	2	2	3	1	3	2	1	3	2	3	2	4	2	2	2	3	2	3	3	3	2	1	
GP/ Out of Hours GP service	8	8	6	11	6	7	7	6	10	8	7	6	8	9	8	7	10	5	10	9	8	9	12	9	4	7	
Pharmacies	0	0	0	2	0	0	0	0	1	0	0	0	0	1	0	1	1	0	0	1	0	0	1	0	0	1	
Minor Injury Unit	21	23	21	24	23	20	17	25	22	20	29	21	26	20	22	23	19	22	21	24	18	18	17	22	24	24	
Ambulance/ paramedic	4	4	4	3	4	10	4	3	4	5	2	6	2	4	4	3	5	2	5	4	3	5	4	5	2	2	
A&E	59	60	63	57	59	61	66	62	57	61	61	62	59	57	61	52	54	67	59	55	63	62	60	57	58	59	
Other	1	1	0	0	1	0	2	0	0	1	0	2	0	1	0	0	3	0	0	1	0	0	0	1	2	0	
Don't know	3	1	2	1	3	0	0	2	2	2	0	1	2	3	2	7	6	1	1	2	4	3	1	2	5	3	
Chest pain																											
Self-help	6	6	5	5	7	3	4	0	5	6	2	4	2	8	4	7	6	7	3	5	6	9	8	4	4	3	
NHS Direct Wales	10	14	8	11	9	17	6	15	11	10	21	8	11	12	9	12	14	10	7	10	10	9	10	13	8	12	
GP/ Out of Hours GP service	30	28	30	28	28	29	29	36	29	30	29	26	29	32	27	24	27	31	32	30	29	28	30	34	25	30	
Pharmacies	1	1	0	1	1	0	0	2	1	0	0	0	2	2	1	3	1	0	1	2	1	2	3	1	0	1	
Minor Injury Unit	1	1	1	0	2	0	1	0	0	0	4	2	1	1	1	1	1	0	1	1	1	0	0	1	0	3	
Ambulance/ paramedic	24	25	25	28	25	15	33	21	32	29	16	32	22	18	29	21	18	24	28	24	23	28	17	23	31	20	
A&E	23	23	26	25	25	34	24	23	20	24	23	26	30	20	25	20	20	24	25	22	24	18	27	20	22	28	
Other	1	0	1	0	1	0	2	0	0	0	0	2	0	1	1	1	4	0	0	1	1	1	1	1	2	0	
Don't know	5	2	3	2	2	1	2	3	2	1	5	2	3	6	3	10	9	2	2	5	4	5	3	4	8	3	
Choking																											
Self-help	24	22	24	25	20	16	26	24	25	21	15	24	26	25	23	16	18	31	25	23	25	29	27	24	21	20	
NHS Direct Wales	5	5	5	7	4	3	6	5	4	5	5	7	6	5	5	2	5	6	5	5	5	5	3	6	5	5	
GP/ Out of Hours GP service	4	3	5	4	3	9	4	6	5	3	10	5	5	3	0	1	3	8	4	4	7	3	3	3	4		
Pharmacies	1	1	1	1	0	0	1	2	0	0	0	1	1	2	1	2	2	1	1	1	1	1	0	2	1	2	
Minor Injury Unit	1	1	1	1	1	0	1	0	1	1	5	0	0	1	1	1	0	0	1	1	0	1	1	0	0	1	
Ambulance/ paramedic	41	45	39	40	42	42	42	45	44	46	37	34	41	37	44	48	46	38	37	41	40	34	41	44	47	37	
A&E	15	14	15	15	18	15	17	10	11	16	20	24	13	13	16	14	13	15	16	15	14	15	15	14	12	18	
Other	2	2	1	1	1	4	4	1	1	2	2	3	2	2	2	3	4	0	1	2	1	1	2	3	2	0	
Don't know	8	8	8	7	10	10	1	7	9	6	7	3	7	11	5	14	12	6	6	8	9	8	8	5	9	12	

Sample Size: 1034 Welsh adults (aged 18+)
Fieldwork: 13th - 23rd January 2017

	Health & wellbeing status			Preferred medical involvement		
	Total	Should be doing more	Currently doing everything I can	Total involved	Total not involved	Don't know
Weighted Sample	1034	568	415	850	84	100
Unweighted Sample	1034	570	424	875	77	82
	%	%	%	%	%	%
Headache						
Self-help	82	83	84	85	74	66
NHS Direct Wales	1	0	1	1	0	1
GP/ Out of Hours GP service	2	2	2	2	3	4
Pharmacies	10	9	12	10	9	8
Minor Injury Unit	0	0	0	0	0	0
Ambulance/ paramedic	0	0	0	0	0	0
A&E	0	0	0	0	0	1
Other	1	2	0	1	7	0
Don't know	3	2	1	1	8	20
Sprains						
Self-help	50	47	56	52	41	34
NHS Direct Wales	2	2	2	2	1	2
GP/ Out of Hours GP service	16	17	13	16	19	13
Pharmacies	4	4	5	4	5	7
Minor Injury Unit	17	17	17	17	18	15
Ambulance/ paramedic	1	1	1	1	3	0
A&E	5	5	5	5	2	4
Other	1	2	0	1	5	2
Don't know	5	4	1	2	7	23
Suspected broken bone						
Self-help	1	0	2	1	6	1
NHS Direct Wales	2	1	4	2	3	4
GP/ Out of Hours GP service	8	7	9	9	3	9
Pharmacies	0	0	0	0	0	2
Minor Injury Unit	21	22	20	22	18	18
Ambulance/ paramedic	4	3	4	4	5	4
A&E	59	62	59	62	55	44
Other	1	1	0	0	4	0
Don't know	3	2	1	1	7	18
Chest pain						
Self-help	6	5	6	6	5	5
NHS Direct Wales	10	11	10	9	13	16
GP/ Out of Hours GP service	30	30	31	31	28	18
Pharmacies	1	1	1	1	0	3
Minor Injury Unit	1	1	0	1	1	1
Ambulance/ paramedic	24	23	26	24	27	17
A&E	23	24	23	24	16	18
Other	1	2	0	1	5	0
Don't know	5	4	2	2	7	23
Choking						
Self-help	24	22	28	25	15	21
NHS Direct Wales	5	5	6	5	6	3
GP/ Out of Hours GP service	4	4	4	4	11	0
Pharmacies	1	1	1	1	1	4
Minor Injury Unit	1	1	1	1	1	0
Ambulance/ paramedic	41	44	39	43	29	32
A&E	15	15	14	15	18	11
Other	2	2	1	2	3	1
Don't know	8	7	6	6	15	27

Sample Size: 1034 Welsh adults (aged 18+)
Fieldwork: 13th - 23rd January 2017

	EU Ref 2016		Westminster vote 2015					Constituency vote 2016					Gender		Age				Social grade		Region					
Total	Remain	Leave	Con	Lab	Lib Dem	UKIP	Plaid	Con	Lab	Lib Dem	UKIP	Plaid	Male	Female	18-24	25-39	40-59	60+	ABC1	C2DE	Mid and West	North	Cardiff and South Central	South East	South West	
Weighted Sample	1034	403	445	209	282	50	104	93	135	207	44	101	156	499	535	124	239	323	348	517	517	197	214	231	214	178
Unweighted Sample	1034	477	444	219	300	61	118	82	145	236	50	104	157	447	587	104	218	331	381	561	473	221	234	186	202	191
	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%	%

How involved, if at all, do you currently feel about decisions and planning for any medical treatment options you receive (e.g. doctors, dentists, surgery etc.)?

Very involved	19	19	19	25	17	14	14	18	21	22	18	12	22	17	20	16	16	18	22	19	19	24	16	19	22	13
Fairly involved	33	38	33	35	33	32	32	40	41	38	29	29	36	35	31	30	25	32	40	33	32	31	33	35	34	31
TOTAL INVOLVED	52	57	52	60	50	46	46	58	62	60	47	41	58	52	51	46	41	50	62	52	51	55	49	54	56	44
Not very involved	17	17	19	13	19	19	20	21	12	16	21	25	19	15	20	12	19	18	18	16	19	14	17	23	13	21
Not involved at all	9	9	10	7	10	10	16	6	7	9	4	11	10	10	8	7	6	11	9	10	8	12	6	5	11	11
TOTAL NOT INVOLVED	26	26	29	20	29	29	36	27	19	25	25	36	29	25	28	19	25	29	27	26	27	26	23	28	24	32
Don't know	6	5	6	3	5	6	8	6	4	6	0	7	4	7	5	4	8	6	5	4	8	2	9	5	6	9
Not applicable – I haven't required or received any medical treatment	16	13	13	17	15	20	11	9	16	9	28	16	9	17	15	31	25	15	6	18	14	18	19	13	15	15

How involved, if at all, would you **like to be** in the decisions and planning about your medical treatment options?

Very involved	41	40	46	50	38	36	40	43	43	39	38	42	48	36	46	35	35	39	51	40	43	50	41	38	44	34
Fairly involved	41	45	40	43	43	40	40	41	48	46	47	35	39	44	38	45	35	46	38	44	37	37	40	44	37	45
TOTAL INVOLVED	82	85	86	93	81	76	80	84	91	85	85	77	87	80	84	80	70	85	89	84	80	87	81	82	81	79
Not very involved	7	6	6	4	6	13	10	8	5	6	8	14	6	8	5	8	8	6	6	7	7	6	3	9	9	8
Not involved at all	1	1	2	1	2	0	4	0	1	2	0	3	0	1	1	1	1	2	1	1	1	1	2	0	2	0
TOTAL NOT INVOLVED	8	7	8	5	8	13	14	8	6	8	8	17	6	9	6	9	9	8	7	8	8	7	5	9	11	8
Don't know	10	8	6	3	10	12	7	8	3	7	7	5	7	10	9	11	21	7	4	8	11	6	13	9	8	13

Sample Size: 1034 Welsh adults (aged 18+)
Fieldwork: 13th - 23rd January 2017

	Health & wellbeing status			Preferred medical involvement		
	Total	Should be doing more	Currently doing everything I can	Total involved	Total not involved	Don't know
Weighted Sample	1034	568	415	850	84	100
Unweighted Sample	1034	570	424	875	77	82
	%	%	%	%	%	%

How involved, if at all, do you currently feel about decisions and planning for any medical treatment options you receive (e.g. doctors, dentists, surgery etc.)?

Very involved	19	15	25	22	1	5
Fairly involved	33	34	34	38	13	3
TOTAL INVOLVED	52	49	59	60	14	8
Not very involved	17	19	17	16	35	13
Not involved at all	9	9	9	8	24	7
TOTAL NOT INVOLVED	26	28	26	24	59	20
Don't know	6	6	4	3	8	29
Not applicable – I haven't required or received any medical treatment	16	17	11	13	19	43

How involved, if at all, would you ****like to be**** in the decisions and planning about your medical treatment options?

Very involved	41	36	51	50	0	0
Fairly involved	41	46	36	50	0	0
TOTAL INVOLVED	82	82	87	100	0	0
Not very involved	7	8	6	0	84	0
Not involved at all	1	1	1	0	16	0
TOTAL NOT INVOLVED	8	9	7	0	100	0
Don't know	10	9	6	0	0	100