



Family Dinners

Fieldwork Dates: 21st - 22nd October 2019

**Conducted by YouGov
On behalf of YouGov RealTime**

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BACKGROUND

This spreadsheet contains survey data collected and analysed by YouGov plc. No information contained within this spreadsheet may be published without the consent of YouGov Plc and the client named on the front cover.

Methodology: This survey has been conducted using an online interview administered to members of the YouGov Plc panel of 1.2 million individuals who have agreed to take part in surveys. Emails are sent to panellists selected at random from the base sample. The e-mail invites them to take part in a survey and provides a generic survey link. Once a panel member clicks on the link they are sent to the survey that they are most required for, according to the sample definition and quotas. (The sample definition could be "US adult population" or a subset such as "US adult females"). Invitations to surveys don't expire and respondents can be sent to any available survey. The responding sample is weighted to the profile of the sample definition to provide a representative reporting sample. The profile is normally derived from census data or, if not available from the census, from industry accepted data.

YouGov plc make every effort to provide representative information. All results are based on a sample and are therefore subject to statistical errors normally associated with sample-based information.

For further information about the results in this spreadsheet, please contact YouGov Plc +1 888.729.0773 or email omnibus.us@yougov.com quoting the survey details

EDITOR'S NOTES - all press releases should contain the following information

All figures, unless otherwise stated, are from YouGov Plc. Total sample size was 1220 adults. Fieldwork was undertaken between 21st - 22nd October 2019. The survey was carried out online. The figures have been weighted and are representative of all US adults (aged 18+).

NOTE: All press releases or other publications must be checked by YouGov Plc before use. YouGov requires 48hours to check a press release unless otherwise agreed.

- YouGov is registered with the Information Commissioner
- YouGov is a member of the British Polling Council

Any percentages calculated on bases fewer than 50 respondents must not be reported as they do not represent a wide enough cross-section of the target population to be considered statistically reliable. These figures will be italicised.

YouGov RealTime

Family Dinners

US_nat_int Sample: 21st - 22nd October 2019



Total	Gender		Generation							Region				
	Male	Female	Gen Z (2000 and later)	Millennial (1982-1999)	Gen X (1965-1981)	Baby Boomer (1946-1964)	Silent Generation (1928-1945)	Pre-Silent Generation (1927 and earlier)	Other	Northeast	Midwest	South	West	White
	A	B	C	D	E	F	G	H	I	J	K	L	M	N

rrf_q1. Do you live with any of the following? Please select all that apply.

Unweighted base	1220	590	630	40	370	322	408	79	1	-	266	243	437	274	808
Base: All US Adults	1220	594	626	42	376	298	412	90	1	-	217	256	459	288	785
My partner	48%	48%	47%	13%	36%	54%	55%	54%	-	-	44%	52%	45%	51%	56%
				*	C	C.D	C.D	C.D*	**	**					O.P.Q
My own children or children that I share responsibility for	27%	23%	32%	2%	28%	43%	20%	20%	-	-	27%	24%	31%	24%	27%
				*	C.F	C.D.F.G	C	C*	**	**			M		
My parents and/or my partner's parents	16%	18%	14%	62%	29%	13%	4%	1%	-	-	17%	16%	16%	14%	13%
				D.E.F.G*	E.F.G	F.G		*	**	**					
Extended family members (e.g., grandparents, cousins, aunts/uncles, etc.)	7%	9%	5%	12%	10%	8%	4%	5%	-	-	11%	8%	7%	5%	5%
				F*	F	F		*	**	**	M				
Roommates	7%	10%	5%	32%	12%	5%	3%	1%	-	-	7%	5%	8%	8%	7%
				D.E.F.G*	E.F.G			*	**	**					
Not applicable - I live alone	20%	20%	21%	7%	17%	14%	27%	29%	100%	-	19%	19%	20%	23%	19%
				*			C.D.E	C.D.E*	**	**					

rrf_q2. How often, if ever, do you sit down for a family dinner with all of the members of your household?

Unweighted base	938	456	482	30	289	269	294	56	-	-	206	190	335	207	630
Base: All US Adults who do not live alone	929	455	474	31	292	249	294	63	-	-	167	203	351	208	608
Every day	29%	29%	30%	11%	26%	27%	36%	33%	-	-	35%	26%	28%	31%	32%
				**			D.E	*	**	**					O
4-6 times a week	23%	21%	24%	24%	20%	25%	22%	26%	-	-	20%	22%	22%	27%	24%
				**				*	**	**					
2-3 times a week	16%	17%	15%	16%	16%	22%	13%	9%	-	-	14%	15%	18%	14%	16%
				**		F.G		*	**	**					
Once a week	7%	6%	8%	24%	7%	7%	7%	2%	-	-	7%	8%	7%	7%	6%
				**				*	**	**					
Less than once a week	7%	8%	6%	9%	6%	8%	8%	5%	-	-	7%	11%	7%	5%	6%
				**				*	**	**	M				
Only for special occasions (e.g., Thanksgiving, Christmas, etc.)	10%	10%	10%	6%	12%	8%	10%	16%	-	-	11%	9%	12%	7%	10%
				**				*	**	**					
Never	4%	5%	4%	7%	6%	3%	5%	6%	-	-	4%	4%	5%	5%	3%
				**				*	**	**					
Don't know	3%	4%	3%	2%	7%	1%	0%	4%	-	-	2%	5%	2%	4%	2%
				**	E.F			F*	**	**					

rrf_q3. Thinking of how often you have family dinners, which of the following comes closest to your view?

Unweighted base	938	456	482	30	289	269	294	56	-	-	206	190	335	207	630
Base: All US Adults who do not live alone	929	455	474	31	292	249	294	63	-	-	167	203	351	208	608
I'd like to have family dinners much more often	27%	27%	27%	11%	34%	30%	24%	13%	-	-	29%	23%	28%	28%	25%
				**	F.G	G		*	**	**					
I'd like to have family dinners somewhat more often	19%	20%	19%	48%	19%	23%	13%	22%	-	-	19%	19%	22%	14%	19%
				**	F	F		*	**	**			M		
I am content with how often I have family dinners	46%	45%	46%	25%	33%	41%	60%	62%	-	-	45%	50%	41%	49%	50%
				**		D	D.E	D.E*	**	**		L			O.P
I'd like to have family dinners somewhat less often	1%	2%	1%	-	3%	1%	1%	-	-	-	1%	1%	2%	1%	1%
				**				*	**	**					
I'd like to have family dinners much less often	2%	1%	2%	9%	3%	1%	1%	-	-	-	0%	2%	2%	3%	1%
				**	F			*	**	**					
Don't know	5%	5%	5%	8%	8%	4%	2%	3%	-	-	5%	5%	4%	5%	4%
				**	E.F			*	**	**					
Net: More often	46%	47%	46%	58%	53%	52%	36%	35%	-	-	49%	42%	50%	43%	44%
				**	F.G	F.G		*	**	**					

YouGov RealTime
Family Dinners

US_nat_int Sample: 21st - 22nd October 2019



Total	Race			Education				Marital Status						
	Black	Hispanic	Other (NET)	No HS, High school graduate	Some college, 2-year	4-year	Post Grad	Married	Civil Partnership	Living together, not married or civil partnership	In a relationship, not living together	NET: In a relationship	Single	Divorced
	O	P	Q	R	S	T	U	V	W	X	Y	Z	AA	AB

rf_q1. Do you live with any of the following? Please select all that apply.

Unweighted base	1220	152	152	108	452	399	236	133	548	15	93	29	685	328	106
Base: All US Adults	1220	145	190	100	493	379	221	128	543	16	90	27	676	328	109
My partner	48%	26%	40%	25%	43%	44%	52%	67%	86%	49%	75%	11%	80%	5%	8%
			O.Q				R.S	R.S.T	X.Z.AA.AB.AC	**	AA.AB.AC*	**	AA.AB.AC		*
My own children or children that I share responsibility for	27%	32%	28%	23%	28%	27%	27%	28%	36%	24%	27%	10%	33%	16%	30%
									AA	**	AA*	**	AA		AA*
My parents and/or my partner's parents	16%	26%	16%	27%	18%	19%	12%	5%	5%	-	11%	61%	8%	36%	7%
		N		N.P	U	T.U	U			**	V*	**	V	V.X.Z.AB.AC	*
Extended family members (e.g., grandparents, cousins, aunts/uncles, etc.)	7%	9%	13%	8%	8%	8%	5%	3%	5%	12%	8%	12%	6%	9%	6%
			N							**	*	**		V	*
Roommates	7%	4%	8%	10%	7%	8%	6%	8%	4%	19%	11%	10%	5%	9%	7%
										**	V.Z*	**	V	V.Z	*
Not applicable - I live alone	20%	23%	22%	26%	19%	19%	25%	20%	3%	16%	7%	23%	4%	34%	49%
										**	V*	**	V	V.X.Z	V.X.Z.AA*

rf_q2. How often, if ever, do you sit down for a family dinner with all of the members of your household?

Unweighted base	938	114	120	74	355	306	174	103	533	11	85	20	649	192	50
Base: All US Adults who do not live alone	929	110	142	68	382	288	160	99	528	10	81	18	638	194	49
Every day	29%	16%	30%	23%	27%	32%	28%	35%	37%	-	22%	-	33%	20%	16%
		*	O	*			*	*	X.Z.AA.AB	**	*	**	X.AA.AB		*
4-6 times a week	23%	18%	23%	17%	19%	20%	26%	37%	25%	54%	19%	12%	24%	15%	35%
		*		*				R.S*	AA	**	*	**	AA		X.AA*
2-3 times a week	16%	15%	12%	23%	14%	14%	23%	17%	13%	39%	30%	18%	16%	16%	13%
		*		*			R.S	*		**	V.Z.AA.AB*	**	V		*
Once a week	7%	8%	7%	12%	8%	8%	6%	3%	6%	8%	4%	15%	6%	11%	9%
		*		*				*		**	*	**	*		*
Less than once a week	7%	9%	11%	5%	8%	7%	6%	4%	6%	-	10%	18%	7%	7%	10%
		*		*				*		**	*	**	*		*
Only for special occasions (e.g., Thanksgiving, Christmas, etc.)	10%	13%	8%	14%	12%	12%	7%	3%	8%	-	7%	20%	8%	16%	11%
		*		*	U	U	*	*		**	*	**		V.X.Z	*
Never	4%	17%	4%	1%	7%	3%	3%	-	3%	-	5%	-	3%	10%	2%
		N.P.Q*	*	*	S.T.U	*	*	*	*	**	*	**	*	V.Z	*
Don't know	3%	3%	5%	5%	4%	3%	1%	-	2%	-	3%	16%	2%	5%	6%
		*		*	U	*	*	*	*	**	*	**	V	V.Z	*

rf_q3. Thinking of how often you have family dinners, which of the following comes closest to your view?

Unweighted base	938	114	120	74	355	306	174	103	533	11	85	20	649	192	50
Base: All US Adults who do not live alone	929	110	142	68	382	288	160	99	528	10	81	18	638	194	49
I'd like to have family dinners much more often	27%	37%	31%	25%	30%	26%	22%	28%	28%	35%	18%	19%	27%	28%	32%
		N*		*			*	*	*	**	*	**	*	*	*
I'd like to have family dinners somewhat more often	19%	15%	24%	19%	20%	16%	20%	22%	17%	37%	25%	33%	19%	18%	19%
		*		*			*	*	*	**	*	**	V		*
I am content with how often I have family dinners	46%	36%	35%	41%	39%	50%	52%	49%	50%	28%	44%	21%	48%	39%	45%
		*		*		R	R	*	Z.AA	**	*	**	*	*	*
I'd like to have family dinners somewhat less often	1%	2%	3%	3%	2%	1%	2%	-	1%	-	3%	-	1%	2%	2%
		*		*			*	*	*	**	V*	**	*	*	*
I'd like to have family dinners much less often	2%	3%	3%	4%	2%	2%	1%	-	1%	-	5%	-	2%	2%	2%
		*	N	N*			*	*	*	**	V.Z*	**	V		*
Don't know	5%	7%	5%	8%	7%	5%	2%	1%	3%	-	4%	27%	4%	10%	-
		*		*	T.U	*	*	*	*	**	*	**	V	V.Z.AB	*
Net: More often	46%	52%	54%	43%	50%	42%	42%	50%	46%	72%	43%	53%	46%	47%	51%
		*	N	*	*	*	*	*	*	**	*	**	*	*	*

YouGov RealTime

Family Dinners

US_nat_int Sample: 21st - 22nd October 2019



Total	Parent or guardian of any children									Income				Urban
	Widowed	Separated	Other	Prefer not to say	Younger than 18	18 or over	NET: Any age	Not a parent / guardian	Don't know / Prefer not to say	Under \$40k	\$40k to \$80k	\$80k+	Don't know / Prefer not to say	
	AC	AD	AE	AF	AG	AH	AI	AJ	AK	AL	AM	AN	AO	

rrf_q1. Do you live with any of the following? Please select all that apply.

Unweighted base	1220	56	17	9	19	297	389	640	537	43	401	358	301	160	376
Base: All US Adults	1220	59	17	9	22	282	391	631	543	46	419	355	285	160	378
My partner	48%	6%	11%	27%	13%	60%	60%	60%	35%	27%	31%	54%	68%	38%	43%
		*	**	**	**	AJ,AK	AJ,AK	AJ,AK	*	*		AL,AO	AL,AM,AO		
My own children or children that I share responsibility for	27%	28%	18%	12%	5%	79%	31%	49%	4%	9%	25%	31%	32%	16%	30%
		AA*	**	**	**	AH,AI,AJ,AK	AJ,AK	AH,AJ,AK	*	*	AO	AO	AO		
My parents and/or my partner's parents	16%	5%	25%	34%	9%	11%	4%	7%	27%	15%	17%	16%	11%	21%	17%
		*	**	**	**	AH,AI		AH	AG,AH,AI	AH,AI*	AN			AN	
Extended family members (e.g., grandparents, cousins, aunts/uncles, etc.)	7%	3%	29%	-	15%	9%	6%	7%	6%	21%	9%	7%	6%	5%	7%
		*	**	**	**					AG,AH,AI,AJ*					
Roommates	7%	7%	16%	43%	23%	10%	2%	6%	8%	16%	7%	5%	12%	5%	9%
		*	**	**	**	AH,AI		AH	AH	AH,AI*			AL,AM,AO		
Not applicable - I live alone	20%	54%	38%	22%	63%	6%	17%	13%	28%	35%	29%	16%	9%	27%	23%
		V,X,Z,AA*	**	**	**		AG,AI	AG	AG,AH,AI	AG,AH,AI*	AM,AN	AN		AM,AN	

rrf_q2. How often, if ever, do you sit down for a family dinner with all of the members of your household?

Unweighted base	938	25	10	5	7	278	319	552	360	26	271	295	260	112	275
Base: All US Adults who do not live alone	929	25	11	5	7	262	319	541	362	26	282	289	248	111	275
Every day	29%	24%	48%	-	27%	33%	32%	33%	24%	17%	28%	28%	31%	32%	31%
		**	**	**	**	AJ	AJ	AJ	**	**					
4-6 times a week	23%	18%	10%	21%	-	27%	23%	25%	19%	15%	19%	24%	27%	18%	22%
		**	**	**	**	AJ			**	**					
2-3 times a week	16%	34%	6%	-	-	20%	13%	15%	17%	10%	13%	16%	20%	15%	19%
		**	**	**	**	AH,AI		AH		**			AL		
Once a week	7%	2%	-	16%	-	6%	7%	7%	8%	5%	7%	9%	6%	8%	6%
		**	**	**	**				**	**					
Less than once a week	7%	10%	-	63%	33%	4%	9%	7%	8%	13%	9%	6%	7%	4%	5%
		**	**	**	**		AG,AI	AG		**					
Only for special occasions (e.g., Thanksgiving, Christmas, etc.)	10%	13%	15%	-	28%	5%	12%	9%	13%	4%	14%	11%	5%	10%	8%
		**	**	**	**		AG,AI	AG	AG,AI	**	AN	AN			
Never	4%	-	9%	-	11%	2%	3%	3%	6%	16%	6%	4%	2%	7%	4%
		**	**	**	**				AG,AH,AI	**	AN			AN	
Don't know	3%	-	11%	-	-	2%	1%	2%	4%	19%	4%	2%	2%	7%	5%
		**	**	**	**				AI	**				AM,AN	AQ

rrf_q3. Thinking of how often you have family dinners, which of the following comes closest to your view?

Unweighted base	938	25	10	5	7	278	319	552	360	26	271	295	260	112	275
Base: All US Adults who do not live alone	929	25	11	5	7	262	319	541	362	26	282	289	248	111	275
I'd like to have family dinners much more often	27%	17%	25%	44%	26%	40%	25%	31%	22%	21%	29%	26%	30%	21%	34%
		**	**	**	**	AH,AI,AJ		AH,AJ		**					AQ
I'd like to have family dinners somewhat more often	19%	25%	16%	37%	16%	23%	18%	21%	17%	24%	20%	18%	21%	16%	22%
		**	**	**	**				**	**					
I am content with how often I have family dinners	46%	53%	32%	-	41%	32%	53%	44%	49%	16%	41%	50%	46%	45%	35%
		**	**	**	**		AG,AI	AG	AG	**		AL			
I'd like to have family dinners somewhat less often	1%	-	-	-	-	1%	0%	1%	2%	7%	2%	2%	1%	1%	1%
		**	**	**	**				AH,AI	**					
I'd like to have family dinners much less often	2%	-	18%	-	17%	2%	0%	1%	2%	14%	3%	2%	1%	2%	2%
		**	**	**	**			AH	AH	**					
Don't know	5%	5%	9%	19%	-	3%	3%	3%	7%	18%	6%	3%	2%	15%	6%
		**	**	**	**				AG,AH,AI	**	AN			AL,AM,AN	
Net: More often	46%	42%	41%	81%	42%	62%	44%	52%	39%	45%	49%	44%	51%	37%	55%
		**	**	**	**	AH,AI,AJ		AH,AJ		**	AO		AO		AQ

YouGov RealTime
Family Dinners

US_nat_int Sample: 21st - 22nd October 2019



Total	Type of Area Lived in		
	Suburban/ Town	Rural	Other
	AQ	AR	AS

rrf_q1. Do you live with any of the following? Please select all that apply.

	Unweighted base	596	236	12
	1220			
Base: All US Adults	1220	593	235	14
My partner	48%	49%	53%	13%
			AP	**
My own children or children that I share responsibility for	27%	26%	27%	15%
				**
My parents and/or my partner's parents	16%	16%	12%	21%
				**
Extended family members (e.g., grandparents, cousins, aunts/uncles, etc.)	7%	6%	10%	13%
				**
Roommates	7%	6%	6%	12%
				**
Not applicable - I live alone	20%	19%	18%	43%
				**

rrf_q2. How often, if ever, do you sit down for a family dinner with all of the members of your household?

	Unweighted base	465	190	8
	938			
Base: All US Adults who do not live alone	929	459	187	8
Every day	29%	28%	30%	13%
				**
4-6 times a week	23%	22%	25%	13%
				**
2-3 times a week	16%	15%	13%	38%
				**
Once a week	7%	9%	6%	-
				**
Less than once a week	7%	8%	7%	13%
				**
Only for special occasions (e.g., Thanksgiving, Christmas, etc.)	10%	12%	9%	-
				**
Never	4%	3%	6%	23%
				**
Don't know	3%	2%	4%	-
				**

rrf_q3. Thinking of how often you have family dinners, which of the following comes closest to your view?

	Unweighted base	465	190	8
	938			
Base: All US Adults who do not live alone	929	459	187	8
I'd like to have family dinners much more often	27%	22%	31%	13%
			AQ	**
I'd like to have family dinners somewhat more often	19%	19%	15%	26%
				**
I am content with how often I have family dinners	46%	52%	44%	39%
			AP	**
I'd like to have family dinners somewhat less often	1%	1%	2%	-
				**
I'd like to have family dinners much less often	2%	1%	3%	14%
			AQ	**
Don't know	5%	4%	4%	9%
				**
Net: More often	46%	41%	47%	38%
				**

YouGov RealTime
Family Dinners

US_nat_int Sample: 21st - 22nd October 2019



	Total	Gender		Generation						Region					
		Male	Female	Gen Z (2000 and later)	Millennial (1982-1999)	Gen X (1965-1981)	Baby Boomer (1946-1964)	Silent Generation (1928-1945)	Pre-Silent Generation (1927 and earlier)	Other	Northeast	Midwest	South	West	White
Net: Less often	3%	3%	3%	9% **	6% F	3%	1%	- *	- **	- **	2%	2%	4%	4%	2%

rrf_q4. How easy or difficult is it for your family to coordinate having a family dinner?

Unweighted base	938	456	482	30	289	269	294	56	-	-	206	190	335	207	630
Base: All US Adults who do not live alone	929	455	474	31	292	249	294	63	-	-	167	203	351	208	608
Very easy	33%	33%	32%	12% **	32%	29%	41% D.E.G	19% *	- **	- **	35%	29%	30%	38%	31%
Somewhat easy	32%	33%	32%	45% **	28%	39%	28%	40% *	- **	- **	27%	37% J	32%	32%	33%
Somewhat difficult	21%	20%	22%	22% **	22%	20%	20%	22% *	- **	- **	23% M	19%	24% M	14%	23%
Very difficult	11%	10%	11%	13% **	11%	10%	9%	16% *	- **	- **	11%	11%	10%	11%	11%
Don't know	4%	4%	3%	8% **	7% E.F	2%	1%	3% *	- **	- **	3%	3%	3%	4%	3%
Net: Easy	65%	67%	63%	57% **	60%	67%	70% D	59% *	- **	- **	62%	66%	63%	70%	64%
Net: Difficult	31%	30%	33%	35% **	33%	30%	29%	38% *	- **	- **	35%	30%	34%	26%	33%

rrf_q5. Which of the following are reasons why it's difficult to have family dinners? Please select all that apply.

Unweighted base	299	138	161	11	95	81	90	22	-	-	72	60	113	54	208
Base: All US Adults who do not live alone and have difficulty coordinating family dinners	293	135	158	11	96	76	86	24	-	-	58	62	119	54	201
Members of my family are too busy	36%	37%	36%	45% **	38% *	48% F*	25% *	28% **	- **	- **	21% *	46% J*	36% *	44% J*	35%
Members of my family are on different schedules, so we tend to eat at different times	65%	67%	63%	54% **	62% *	68% *	67% *	61% **	- **	- **	49% *	69% J*	66% *	74% J*	67%
Members of my family are picky eaters	14%	19%	11%	32% **	11% *	26% D.F*	8% *	5% **	- **	- **	17% *	12% *	17% *	8% *	14%
Members of my family have dietary restrictions	9%	13% B	6%	32% **	7% *	12% *	6% *	9% **	- **	- **	9% *	7% *	9% *	13% *	8%
Members of my family don't want to have family dinners	12%	13%	11%	18% **	15% *	14% *	9% *	5% **	- **	- **	12% *	12% *	14% *	8% *	11%
Members of my family don't want to spend time with certain other family members	13%	10%	15%	9% **	15% *	16% *	8% *	11% **	- **	- **	8% *	13% *	17% *	7% *	11%
Other	9%	8%	10%	- **	3% *	5% *	15% D.E*	32% **	- **	- **	14% *	6% *	7% *	14% *	12%
Don't know	3%	3%	2%	9% **	5% *	1% *	1% *	- **	- **	- **	3% *	3% *	2% *	3% *	2%

Cell Contents (Column Percentages, Statistical Test Results), Statistics (Column Proportions, (95%): A/B, C/D/E/F/G/H/I, J/K/L/M, N/O/P/Q, R/S/T/U, V/W/X/Y/Z/AA/AB/AC/AD/AE/AF, AG/AH/AI/AJ/AK, AL/AM/AN/AO, AP/AQ/AR/AS, Minimum Base: 30 (**), Small Base: 100 (*)

YouGov RealTime
Family Dinners

US_nat_int Sample: 21st - 22nd October 2019



Total	Race			Education				Marital Status							
	Black	Hispanic	Other (NET)	No HS, High school graduate	Some college, 2-year	4-year	Post Grad	Married	Civil Partnership	Living together, not married or civil partnership	In a relationship, not living together	NET: In a relationship	Single	Divorced	
Net: Less often	3%	5%	6%	7%	4%	3%	4%	-	2%	-	8%	-	3%	4%	4%
	N*	N	N*				*		**	V,Z*	**	V		*	

rrf_q4. How easy or difficult is it for your family to coordinate having a family dinner?

	Unweighted base	Black	Hispanic	Other (NET)	No HS, High school graduate	Some college, 2-year	4-year	Post Grad	Married	Civil Partnership	Living together, not married or civil partnership	In a relationship, not living together	NET: In a relationship	Single	Divorced
Base: All US Adults who do not live alone	938	114	120	74	355	306	174	103	533	11	85	20	649	192	50
Very easy	33%	30%	38%	35%	33%	34%	30%	33%	37%	24%	25%	16%	35%	27%	40%
Somewhat easy	32%	34%	34%	25%	31%	30%	34%	40%	33%	38%	33%	12%	33%	30%	27%
Somewhat difficult	21%	14%	17%	24%	19%	20%	28%	22%	18%	39%	29%	39%	20%	22%	16%
Very difficult	11%	15%	8%	12%	11%	14%	8%	6%	10%	-	9%	16%	10%	13%	12%
Don't know	4%	7%	4%	5%	6%	2%	3%	-	2%	-	4%	16%	2%	7%	4%
Net: Easy	65%	64%	71%	60%	64%	64%	64%	72%	70%	61%	58%	29%	67%	57%	67%
Net: Difficult	31%	29%	25%	35%	30%	33%	33%	28%	28%	39%	38%	55%	30%	36%	29%

rrf_q5. Which of the following are reasons why it's difficult to have family dinners? Please select all that apply.

	Unweighted base	Black	Hispanic	Other (NET)	No HS, High school graduate	Some college, 2-year	4-year	Post Grad	Married	Civil Partnership	Living together, not married or civil partnership	In a relationship, not living together	NET: In a relationship	Single	Divorced
Base: All US Adults who do not live alone and have difficulty coordinating family dinners	299	34	31	26	109	103	57	30	155	4	31	11	201	68	14
Members of my family are too busy	36%	30%	58%	27%	37%	29%	47%	37%	33%	52%	32%	36%	33%	46%	16%
Members of my family are on different schedules, so we tend to eat at different times	65%	51%	59%	76%	64%	61%	72%	72%	67%	77%	65%	81%	68%	58%	66%
Members of my family are picky eaters	14%	11%	19%	16%	13%	23%	6%	8%	14%	50%	9%	10%	13%	14%	13%
Members of my family have dietary restrictions	9%	7%	17%	11%	11%	9%	8%	6%	9%	-	4%	-	7%	12%	-
Members of my family don't want to have family dinners	12%	20%	8%	16%	13%	14%	14%	-	7%	25%	9%	20%	8%	16%	22%
Members of my family don't want to spend time with certain other family members	13%	17%	20%	13%	16%	13%	10%	-	11%	23%	12%	11%	11%	17%	13%
Other	9%	3%	2%	3%	7%	10%	10%	12%	14%	-	7%	-	12%	3%	15%
Don't know	3%	3%	-	8%	2%	4%	2%	-	2%	-	6%	9%	3%	1%	7%

Cell Contents (Col

YouGov RealTime
Family Dinners

US_nat_int Sample: 21st - 22nd October 2019



Total	Parent or guardian of any children				Income					Urban					
	Widowed	Separated	Other	Prefer not to say	Younger than 18	18 or over	NET: Any age	Not a parent / guardian	Don't know / Prefer not to say		Under \$40k	\$40k to \$80k	\$80k+	Don't know / Prefer not to say	
Net: Less often	3%	-	18%	-	17%	2%	1%	2%	4%	21%	4%	3%	2%	3%	3%
	**	**	**	**	AH		AH	AH, AI	**						

rrf_q4. How easy or difficult is it for your family to coordinate having a family dinner?

	Unweighted base	25	10	5	7	278	319	552	360	26	271	295	260	112	275
Base: All US Adults who do not live alone	929	25	11	5	7	262	319	541	362	26	262	289	248	111	275
Very easy	33%	12%	33%	-	39%	36%	33%	34%	30%	28%	33%	33%	35%	23%	39%
		**	**	**	**					**			AO	AQ	
Somewhat easy	32%	61%	18%	41%	28%	33%	32%	33%	32%	22%	31%	32%	33%	35%	27%
		**	**	**	**					**					
Somewhat difficult	21%	17%	40%	24%	33%	23%	21%	22%	19%	20%	20%	21%	22%	20%	19%
		**	**	**	**					**					
Very difficult	11%	5%	9%	19%	-	6%	13%	10%	12%	16%	11%	12%	9%	11%	10%
		**	**	**	**		AG, AI	AG	AG	**					
Don't know	4%	5%	-	16%	-	2%	1%	1%	7%	15%	5%	2%	1%	11%	5%
		**	**	**	**				AG, AH, AI	**	AN			AL, AM, AN	
Net: Easy	65%	73%	51%	41%	67%	69%	65%	67%	62%	50%	64%	65%	68%	59%	65%
		**	**	**	**					**					
Net: Difficult	31%	22%	49%	43%	33%	29%	34%	32%	31%	35%	31%	33%	31%	30%	29%
		**	**	**	**					**					

rrf_q5. Which of the following are reasons why it's difficult to have family dinners? Please select all that apply.

	Unweighted base	7	5	2	2	81	112	177	112	10	84	97	83	35	82
Base: All US Adults who do not live alone and have difficulty coordinating family dinners	293	6	5	2	2	77	108	171	112	9	87	95	77	33	80
Members of my family are too busy	36%	33%	81%	45%	-	51%	33%	38%	35%	19%	37%	37%	39%	27%	40%
		**	**	**	**	AH, AI, AJ*				**	*	*	*	*	*
Members of my family are on different schedules, so we tend to eat at different times	65%	92%	33%	-	100%	65%	64%	64%	67%	53%	59%	69%	68%	63%	68%
		**	**	**	**	*				**	*	*	*	*	*
Members of my family are picky eaters	14%	-	40%	55%	49%	22%	12%	16%	12%	22%	22%	13%	8%	14%	9%
		**	**	**	**	AH*				**	AN*	*	*	*	*
Members of my family have dietary restrictions	9%	-	52%	100%	-	5%	7%	6%	13%	22%	12%	8%	11%	3%	9%
		**	**	**	**	*				**	*	*	*	*	*
Members of my family don't want to have family dinners	12%	24%	50%	45%	-	12%	12%	11%	13%	29%	19%	11%	9%	6%	10%
		**	**	**	**	*				**	*	*	*	*	*
Members of my family don't want to spend time with certain other family members	13%	-	-	-	51%	10%	12%	11%	14%	22%	17%	15%	6%	10%	10%
		**	**	**	**	*				**	AN*	*	*	*	*
Other	9%	8%	-	-	-	6%	16%	11%	6%	11%	2%	7%	14%	21%	4%
		**	**	**	**	*	AG, AJ			**	*	*	AL*	AL, AM*	*
Don't know	3%	-	-	-	-	5%	1%	3%	2%	-	2%	2%	2%	6%	1%
		**	**	**	**	*				**	*	*	*	*	*

Cell Contents (Col

YouGov RealTime
Family Dinners

US_nat_int Sample: 21st - 22nd October 2019



	Total	Type of Area Lived in		
		Suburban/ Town	Rural	Other
Net: Less often	3%	2%	5%	14% **

rrf_q4. How easy or difficult is it for your family to coordinate having a family dinner?

	Unweighted base	465	190	8
Base: All US Adults who do not live alone	929	459	187	8
Very easy	33%	29%	32%	39% **
Somewhat easy	32%	35% AP	34%	26% **
Somewhat difficult	21%	22%	20%	- **
Very difficult	11%	11%	11%	23% **
Don't know	4%	3%	3%	12% **
Net: Easy	65%	64%	66%	65% **
Net: Difficult	31%	33%	32%	23% **

rrf_q5. Which of the following are reasons why it's difficult to have family dinners? Please select all that apply.

	Unweighted base	155	60	2
Base: All US Adults who do not live alone and have difficulty coordinating family dinners	293	151	59	2
Members of my family are too busy	36%	39%	26% *	- **
Members of my family are on different schedules, so we tend to eat at different times	65%	65%	63% *	- **
Members of my family are picky eaters	14%	17%	17% *	- **
Members of my family have dietary restrictions	9%	10%	8% *	- **
Members of my family don't want to have family dinners	12%	13%	12% *	59% **
Members of my family don't want to spend time with certain other family members	13%	14%	11% *	41% **
Other	9%	10%	15% AP*	- **
Don't know	3%	2%	5% *	- **

Cell Contents (Col