

1. Average Life | Average Life OK

Do you think it is OK to live an average life?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	Under 30	30-44	45-64	65+	White	Black	Hispanic	Other
It is OK	87%	88%	85%	80%	83%	89%	93%	87%	84%	85%	93%
It is not OK	7%	5%	8%	5%	11%	6%	5%	6%	5%	11%	4%
Not sure	7%	7%	7%	16%	6%	5%	2%	7%	11%	5%	3%
Totals (Unweighted N)	100% (998)	100% (487)	100% (511)	100% (155)	100% (267)	100% (394)	100% (182)	100% (705)	100% (120)	100% (113)	100% (60)

	Party ID (3 category)				Family Income (3 category)				Census Region			
	Total	Democrat	Independent	Republican	Under \$50K	\$50-100K	\$100K or more	Prefer not to say	Northeast	Midwest	South	West
It is OK	87%	90%	85%	87%	84%	92%	89%	86%	84%	93%	83%	90%
It is not OK	7%	7%	7%	6%	6%	6%	9%	7%	5%	5%	8%	8%
Not sure	7%	4%	9%	7%	10%	2%	3%	7%	11%	3%	9%	2%
Totals (Unweighted N)	100% (998)	100% (354)	100% (379)	100% (265)	100% (493)	100% (275)	100% (103)	100% (127)	100% (180)	100% (240)	100% (410)	100% (168)

2. Average Life | Average Person

Are you an average person?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	Under 30	30-44	45-64	65+	White	Black	Hispanic	Other
Yes	66%	64%	67%	55%	60%	67%	80%	65%	62%	78%	60%
No	21%	21%	21%	22%	26%	22%	13%	24%	17%	10%	24%
Not sure	13%	15%	12%	23%	14%	11%	7%	12%	21%	13%	16%
Totals	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
(Unweighted N)	(1,000)	(487)	(513)	(156)	(267)	(395)	(182)	(706)	(120)	(114)	(60)

	Party ID (3 category)				Family Income (3 category)				Census Region			
	Total	Democrat	Independent	Republican	Under \$50K	\$50-100K	\$100K or more	Prefer not to say	Northeast	Midwest	South	West
Yes	66%	67%	63%	68%	64%	72%	58%	63%	60%	70%	68%	62%
No	21%	19%	24%	20%	21%	19%	36%	18%	18%	18%	20%	30%
Not sure	13%	15%	13%	12%	15%	8%	6%	19%	22%	12%	12%	8%
Totals	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
(Unweighted N)	(1,000)	(356)	(379)	(265)	(494)	(276)	(103)	(127)	(180)	(241)	(411)	(168)

3. Average Life | Stress vs Achievement

Would you rather live a low stress, low achievement life or a high stress, high-achievement life?

	Gender		Age (4 category)				Race (4 category)				
	Total	Male	Female	Under 30	30-44	45-64	65+	White	Black	Hispanic	Other
Low stress, low achievement life	43%	39%	46%	33%	42%	48%	43%	42%	47%	42%	37%
High stress, high achievement life	28%	32%	25%	43%	31%	21%	22%	27%	28%	37%	27%
Not sure	29%	29%	30%	24%	27%	31%	34%	31%	25%	21%	36%
Totals (Unweighted N)	100% (998)	100% (487)	100% (511)	100% (156)	100% (267)	100% (394)	100% (181)	100% (705)	100% (119)	100% (114)	100% (60)

	Party ID (3 category)			Family Income (3 category)				Census Region				
	Total	Democrat	Independent	Republican	Under \$50K	\$50-100K	\$100K or more	Prefer not to say	Northeast	Midwest	South	West
Low stress, low achievement life	43%	45%	43%	40%	46%	44%	28%	38%	45%	39%	39%	51%
High stress, high achievement life	28%	28%	26%	31%	26%	31%	39%	25%	23%	25%	34%	24%
Not sure	29%	27%	31%	29%	29%	24%	33%	37%	32%	35%	27%	25%
Totals (Unweighted N)	100% (998)	100% (355)	100% (378)	100% (265)	100% (494)	100% (276)	100% (103)	100% (125)	100% (179)	100% (241)	100% (410)	100% (168)

4. Average Life | Stressful Life

How stressful is your life?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	Under 30	30-44	45-64	65+	White	Black	Hispanic	Other
Very stressful	13%	13%	13%	9%	22%	11%	12%	14%	12%	12%	8%
Somewhat stressful	46%	43%	49%	49%	52%	48%	34%	47%	45%	36%	63%
Not very stressful	31%	33%	29%	29%	22%	31%	41%	31%	30%	38%	19%
Not at all stressful	7%	7%	7%	4%	3%	8%	12%	7%	3%	13%	9%
Not sure	3%	5%	1%	9%	1%	2%	1%	2%	10%	1%	1%
Totals (Unweighted N)	100% (999)	100% (486)	100% (513)	100% (156)	100% (267)	100% (394)	100% (182)	100% (705)	100% (120)	100% (114)	100% (60)

	Party ID (3 category)				Family Income (3 category)				Census Region			
	Total	Democrat	Independent	Republican	Under \$50K	\$50-100K	\$100K or more	Prefer not to say	Northeast	Midwest	South	West
Very stressful	13%	17%	12%	10%	13%	12%	11%	14%	8%	16%	15%	10%
Somewhat stressful	46%	46%	47%	44%	45%	50%	56%	39%	48%	39%	47%	51%
Not very stressful	31%	27%	30%	38%	31%	30%	29%	32%	28%	36%	29%	32%
Not at all stressful	7%	7%	6%	9%	7%	7%	5%	9%	7%	8%	7%	6%
Not sure	3%	3%	5%	0%	4%	0%	–	6%	8%	1%	2%	1%
Totals (Unweighted N)	100% (999)	100% (355)	100% (379)	100% (265)	100% (494)	100% (276)	100% (103)	100% (126)	100% (180)	100% (241)	100% (410)	100% (168)

5. Average Life | Successful Life

How successful have you been so far in your life?

	Gender		Age (4 category)				Race (4 category)				
	Total	Male	Female	Under 30	30-44	45-64	65+	White	Black	Hispanic	Other
Very successful	13%	14%	12%	7%	11%	15%	17%	12%	17%	18%	2%
Somewhat successful	57%	55%	59%	48%	51%	56%	73%	61%	44%	50%	53%
Not very successful	17%	16%	19%	20%	24%	18%	6%	14%	19%	27%	35%
Not at all successful	7%	10%	5%	10%	10%	6%	3%	9%	8%	3%	2%
Not sure	6%	6%	5%	15%	4%	5%	0%	5%	12%	2%	8%
Totals (Unweighted N)	100% (996)	100% (485)	100% (511)	100% (156)	100% (267)	100% (392)	100% (181)	100% (703)	100% (120)	100% (113)	100% (60)

	Party ID (3 category)			Family Income (3 category)				Census Region				
	Total	Democrat	Independent	Republican	Under \$50K	\$50-100K	\$100K or more	Prefer not to say	Northeast	Midwest	South	West
Very successful	13%	11%	11%	19%	8%	18%	31%	10%	11%	11%	11%	21%
Somewhat successful	57%	56%	56%	59%	51%	64%	61%	65%	61%	65%	58%	42%
Not very successful	17%	20%	16%	16%	23%	14%	7%	10%	11%	16%	18%	23%
Not at all successful	7%	8%	9%	5%	11%	3%	–	6%	7%	7%	8%	8%
Not sure	6%	5%	8%	1%	7%	2%	2%	9%	10%	3%	5%	6%
Totals (Unweighted N)	100% (996)	100% (354)	100% (378)	100% (264)	100% (493)	100% (274)	100% (103)	100% (126)	100% (179)	100% (241)	100% (409)	100% (167)

6. Average Life | Worked Hard

So far, do you wish that you had worked harder or worked less hard?

	Total	Gender		Age (4 category)				Race (4 category)			
		Male	Female	Under 30	30-44	45-64	65+	White	Black	Hispanic	Other
I wish I had worked harder	26%	31%	22%	37%	34%	22%	15%	23%	32%	29%	41%
I am happy with how much I have worked	60%	53%	67%	53%	47%	63%	76%	63%	54%	60%	47%
I wish I had worked less hard	7%	8%	7%	2%	10%	10%	6%	8%	3%	7%	10%
Not sure	6%	8%	4%	8%	9%	5%	2%	6%	11%	4%	2%
Totals (Unweighted N)	100% (997)	100% (486)	100% (511)	100% (156)	100% (266)	100% (393)	100% (182)	100% (704)	100% (119)	100% (114)	100% (60)

	Total	Party ID (3 category)			Family Income (3 category)				Census Region			
		Democrat	Independent	Republican	Under \$50K	\$50-100K	\$100K or more	Prefer not to say	Northeast	Midwest	South	West
I wish I had worked harder	26%	27%	29%	21%	27%	23%	24%	29%	31%	26%	26%	23%
I am happy with how much I have worked	60%	59%	56%	69%	57%	63%	67%	62%	53%	61%	62%	62%
I wish I had worked less hard	7%	10%	5%	8%	7%	9%	6%	5%	7%	7%	7%	9%
Not sure	6%	4%	9%	3%	8%	4%	3%	4%	9%	6%	5%	6%
Totals (Unweighted N)	100% (997)	100% (355)	100% (377)	100% (265)	100% (492)	100% (276)	100% (103)	100% (126)	100% (179)	100% (241)	100% (409)	100% (168)

7. Average Life | Achievement or Happiness

What would you rather do, achieve great things or be happy?

	Gender			Age (4 category)				Race (4 category)			
	Total	Male	Female	Under 30	30-44	45-64	65+	White	Black	Hispanic	Other
Achieve great things	13%	16%	9%	28%	18%	5%	4%	9%	25%	16%	23%
Be happy	81%	77%	86%	64%	76%	89%	91%	86%	63%	83%	66%
Not sure	6%	7%	5%	8%	6%	6%	4%	5%	12%	1%	11%
Totals	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
(Unweighted N)	(998)	(485)	(513)	(156)	(265)	(395)	(182)	(704)	(120)	(114)	(60)

	Party ID (3 category)				Family Income (3 category)				Census Region			
	Total	Democrat	Independent	Republican	Under \$50K	\$50-100K	\$100K or more	Prefer not to say	Northeast	Midwest	South	West
Achieve great things	13%	15%	12%	10%	14%	11%	15%	10%	9%	8%	17%	11%
Be happy	81%	83%	78%	86%	79%	84%	79%	85%	82%	84%	78%	86%
Not sure	6%	3%	10%	3%	7%	5%	7%	4%	9%	8%	5%	3%
Totals	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%	100%
(Unweighted N)	(998)	(356)	(378)	(264)	(492)	(276)	(103)	(127)	(180)	(241)	(409)	(168)

Interviewing Dates	August 23 - 25, 2016
Target population	U.S. citizens, aged 18 and over.
Sampling method	Respondents were selected from YouGov's opt-in Internet panel using sample matching. A random sample (stratified by gender, age, race, education, voter registration, political ideology, party identification, geographic region, and voter registration) was selected from the 2014 American Community Study. Voter registration and party identification were imputed from the November 2014 Current Population Survey Registration and Voting Supplement.
Weighting	The sample was weighted using propensity scores based on gender, age, race, education, political ideology, geographic region and voter registration. The weights range from 0.103 to 6.168, with a mean of one and a standard deviation of 1.133.
Number of respondents	1000
Margin of error	± 4.7% (adjusted for weighting)
Survey mode	Web-based interviews
Questions not reported	20 questions not reported.