

YouGov / Teneo Blue Rubicon survey results

UK Sample: 2369 UK workers

Fieldwork dates: 27th - 31st July 2018

Total	Gender		Age							Social Grade	
	Male	Female	18-24	25-34	35-44	45-54	55+	55 – 64	65+	ABC1	C2DE

For the following questions, if you have more than one job, please think about your main job (i.e. the one you spend most time doing).

On average, at what time do you usually start/ finish working to the nearest half an hour?

Unweighted base	2376	1151	1225	212	494	582	553	523	409	114	1587	789
Base: All UK workers	2369	1221	1148	291	490	571	514	482	373	109	1459	910
9am – 5pm	6%	6%	7%	4%	10%	7%	6%	4%	6%	-	8%	3%
9:30am – 5:30pm	1%	1%	1%	2%	1%	1%	1%	0%	0%	-	1%	0%
10am – 6pm	1%	1%	1%	1%	1%	1%	1%	1%	1%	-	1%	1%
10:30am – 6:30pm	0%	0%	0%	0%	0%	-	-	0%	0%	1%	0%	-
11am – 7:00pm	0%	0%	0%	0%	-	0%	-	0%	0%	-	0%	0%
11:30am – 7:30pm	-	-	-	-	-	-	-	-	-	-	-	-
12:00pm – 8:00pm	0%	0%	0%	1%	0%	0%	-	0%	1%	-	0%	0%
12:30pm – 8:30pm	-	-	-	-	-	-	-	-	-	-	-	-
1:00pm – 9:00pm	0%	0%	0%	-	-	0%	0%	0%	0%	-	0%	0%
1:30pm – 9:30pm	-	-	-	-	-	-	-	-	-	-	-	-
2:00pm – 10:00pm	0%	0%	0%	0%	1%	0%	-	0%	0%	-	0%	0%
2:30pm – 10:30pm	0%	0%	-	0%	-	-	-	-	-	-	0%	-
3:00pm – 11:00pm	0%	0%	0%	0%	0%	-	0%	-	-	-	-	0%
3:30pm – 11:30pm	-	-	-	-	-	-	-	-	-	-	-	-
4:00pm – 00:00am	0%	0%	-	-	0%	-	-	-	-	-	-	0%
4:30pm – 00:30am	-	-	-	-	-	-	-	-	-	-	-	-
5:00pm – 1:00am	0%	0%	-	-	-	-	-	0%	0%	-	0%	-
5:30pm – 1:30am	-	-	-	-	-	-	-	-	-	-	-	-
6:00pm – 2am	-	-	-	-	-	-	-	-	-	-	-	-
6:30pm – 2:30am	-	-	-	-	-	-	-	-	-	-	-	-
7:00pm – 3:00am	-	-	-	-	-	-	-	-	-	-	-	-
7:30pm – 3:30am	-	-	-	-	-	-	-	-	-	-	-	-
8:00pm – 4:00am	-	-	-	-	-	-	-	-	-	-	-	-
8:30pm – 4:30am	-	-	-	-	-	-	-	-	-	-	-	-
9:00pm – 5:00am	0%	0%	-	-	-	-	-	0%	-	1%	-	0%
9:30pm – 5:30am	-	-	-	-	-	-	-	-	-	-	-	-
10:00pm – 6:00am	0%	0%	0%	-	-	-	0%	0%	0%	-	-	0%
10:30pm – 6:30am	0%	0%	-	-	0%	-	0%	-	-	-	0%	0%
11:00pm – 7:00am	0%	0%	-	-	0%	0%	-	-	-	-	-	0%
11:30pm – 7:30am	-	-	-	-	-	-	-	-	-	-	-	-
00:00am – 8:00am	-	-	-	-	-	-	-	-	-	-	-	-
00:30am – 8:30am	-	-	-	-	-	-	-	-	-	-	-	-
1:00am – 9am	-	-	-	-	-	-	-	-	-	-	-	-
1:30am – 9:30am	-	-	-	-	-	-	-	-	-	-	-	-
2:00am – 10:00am	0%	0%	-	-	-	-	-	0%	-	1%	-	0%
2:30am – 10:30am	-	-	-	-	-	-	-	-	-	-	-	-
3:00am – 11:00am	-	-	-	-	-	-	-	-	-	-	-	-
3:30am – 11:30am	-	-	-	-	-	-	-	-	-	-	-	-
4:00am – 12:00pm	0%	0%	0%	0%	-	0%	-	0%	0%	-	0%	0%
4:30am – 12:30pm	-	-	-	-	-	-	-	-	-	-	-	-
5:00am – 1:00pm	0%	0%	0%	-	-	0%	-	0%	0%	-	0%	0%
5:30am – 1:30pm	-	-	-	-	-	-	-	-	-	-	-	-
6:00am – 2:00pm	1%	1%	0%	3%	0%	1%	0%	1%	1%	-	1%	1%
6:30am – 2:30pm	0%	0%	0%	1%	-	-	-	-	-	-	0%	0%
7:00am – 3:00pm	1%	1%	1%	-	1%	1%	1%	1%	2%	-	1%	1%
7:30am – 3:30pm	0%	1%	0%	-	0%	0%	1%	0%	0%	-	0%	0%
8:00am – 4:00pm	3%	3%	3%	2%	3%	3%	3%	3%	4%	-	3%	3%
8:30am – 4:30pm	2%	2%	2%	1%	2%	3%	3%	1%	1%	2%	3%	1%
Other	82%	81%	84%	83%	79%	82%	84%	86%	83%	96%	80%	87%
Net: Working 9 hours starting before 9am	8%	9%	6%	7%	6%	9%	8%	7%	9%	3%	8%	6%
Net: Working 9 hours starting after 9am	4%	4%	3%	6%	5%	3%	2%	3%	3%	2%	4%	3%
Net: Starting at 9am and finishing after 5pm	12%	11%	13%	15%	16%	12%	10%	9%	9%	10%	14%	10%
Net: Starting at 9am and finishing before 5pm	4%	3%	4%	3%	2%	4%	3%	5%	5%	7%	3%	4%

Total	Gender		Age							Social Grade	
	Male	Female	18-24	25-34	35-44	45-54	55+	55 – 64	65+	ABC1	C2DE

For the following question, by "full time job", we mean you work 8 hours a day, for 5 days of the week, including one hour for lunch. Please imagine that you could choose your ideal working hours for a full time job. If you could choose, which ONE, of the following best describes what your ideal, full time, working hours would be?

Unweighted base	4292	1961	2331	338	630	720	729	1818	744	1074	2628	1664
Base: All UK adults	4291	2100	2191	489	629	714	677	1681	669	1011	2446	1845
7am to 3pm	18%	20%	16%	9%	18%	18%	22%	20%	21%	19%	17%	19%
8am to 4pm	33%	29%	38%	27%	35%	35%	32%	35%	37%	33%	36%	30%
9am to 5pm	19%	18%	20%	23%	18%	17%	18%	19%	15%	22%	20%	18%
10am to 6pm	12%	13%	11%	22%	13%	12%	10%	10%	9%	11%	13%	11%
11am to 7pm	2%	2%	2%	3%	3%	2%	2%	2%	2%	2%	2%	2%
12pm to 8pm	1%	1%	1%	2%	1%	1%	1%	0%	0%	0%	1%	1%
1pm to 9pm	0%	0%	0%	1%	0%	0%	0%	0%	-	0%	0%	0%
2pm to 10pm	1%	1%	0%	2%	1%	0%	0%	1%	0%	1%	1%	1%
3pm to 11pm	0%	0%	0%	-	0%	0%	0%	0%	-	0%	0%	0%
4pm to 12am	0%	0%	0%	-	0%	0%	0%	0%	-	0%	0%	0%
5pm to 1am	0%	0%	0%	0%	0%	-	0%	0%	0%	0%	0%	0%
6pm to 2am	0%	0%	0%	-	0%	-	0%	0%	-	0%	0%	0%
7pm to 3am	0%	1%	0%	1%	0%	0%	0%	0%	0%	0%	0%	0%
8pm to 4am	0%	0%	0%	0%	1%	-	0%	0%	1%	0%	0%	0%
9pm to 5am	0%	1%	0%	-	1%	0%	1%	0%	0%	1%	0%	1%
10pm to 6am	1%	1%	0%	-	1%	1%	1%	1%	2%	1%	1%	1%
11pm to 7am	0%	1%	0%	0%	1%	0%	1%	0%	1%	0%	0%	1%
12am to 8am	0%	1%	0%	1%	-	-	0%	0%	0%	0%	0%	1%
1am to 9am	0%	0%	0%	-	0%	0%	0%	-	-	-	0%	0%
2am to 10 am	0%	0%	-	-	-	-	0%	0%	0%	0%	0%	0%
3am to 11 am	0%	-	0%	0%	0%	-	-	-	-	-	-	0%
4am to 12pm	0%	0%	0%	-	-	0%	0%	0%	-	0%	0%	0%
5am to 1pm	1%	1%	0%	0%	0%	1%	1%	1%	1%	0%	0%	1%
6am to 2pm	2%	3%	1%	2%	2%	3%	2%	2%	3%	2%	2%	3%
Don't know	7%	8%	6%	6%	6%	8%	5%	7%	7%	7%	6%	8%
Net: Night time (start 6pm at 6pm or later and finish earlier than 6am)	2%	3%	2%	1%	3%	1%	3%	2%	3%	2%	2%	3%
Net: Night time (start 11pm or later and finish earlier than 9am)	1%	1%	1%	1%	1%	1%	1%	1%	1%	0%	0%	2%
Net: Daytime workers (start at 7am or later and finish by 11pm)	87%	84%	89%	89%	88%	86%	87%	86%	85%	88%	90%	83%

As a reminder, for the following question, if you have more than one job, please think about your main job (i.e. the one you spend most time doing). Which ONE, if any, of the following statements currently applies to you in your main job?

Unweighted base	2375	1151	1224	211	494	582	553	523	409	114	1586	789
Base: all UK workers	2368	1221	1147	290	490	571	514	482	373	109	1458	910
I job share (i.e. share my role with another employee)	2%	2%	2%	5%	1%	2%	1%	2%	2%	2%	2%	2%
I work flexibly (i.e. choosing the hours that suit me)	21%	21%	20%	22%	13%	20%	23%	26%	22%	40%	23%	16%
I work staggered hours (i.e. set hours that are different working hours to other people at my company)	10%	10%	10%	16%	13%	11%	7%	7%	8%	2%	8%	14%
I work compressed hours (i.e. where I work more hours over fewer days)	7%	6%	8%	5%	10%	7%	7%	5%	4%	8%	7%	7%
I have a Results-Only Work Environment (ROWE) agreement (i.e. where I am paid for the work I produce, rather than the number of hours I do)	2%	3%	1%	1%	3%	2%	2%	2%	1%	3%	2%	2%
I work on a zero hours contract	5%	6%	4%	16%	5%	3%	3%	4%	5%	3%	4%	8%
None of these	51%	49%	52%	30%	52%	53%	56%	53%	57%	42%	52%	48%
Don't know	2%	3%	2%	5%	3%	2%	2%	0%	1%	-	2%	3%
Net: Flexible workers, all codes excluding zero hours	42%	42%	41%	50%	40%	42%	40%	42%	38%	55%	42%	41%